Greetings to West Virginia District Branch Members!

As my term as District Branch President comes to a close, I want to thank everyone who has helped psychiatry grow and move forward in the State of West Virginia. I have truly enjoyed meeting the team of psychiatrists in West Virginia who care so much for the patients and region that we serve. I especially want to thank Barbara Samples, our exceptional Executive Director, for her outstanding organization, support, and good humor, which keeps our group running so well!

For those unable to attend the meeting at the Greenbrier in August, it was a great meeting with a record number of attendees! It was also exciting to see so many psychiatry residents at the meeting from all three training programs (WVU – Morgantown, WVU – Charleston, Marshall) and learn of the innovative and growing programs at each site. We also heard a wonderful educational update by Dr. Patrick Marshalek from WVU – Morgantown, on ECT and TMS, which was so informative and well received. Issues including the psychologist prescribing bill were discussed and consideration of obtaining a grant from the APA if needed this year was considered, as our Branch has limited funds for what may be a yearly issue to fight.

In addition, the WV District Branch gave its support to an APA letter sent to U.S. Senate leadership encouraging them to support the Overdose Prevention and Patient Safety (OPPS) Act, H.R. 6082 to improve patient safety and care coordination for patients with a substance abuse disorder (SUD). This bill was passed with overwhelming bipartisan support in the U.S. House of representatives and was awaiting Senate approval.
President’s Message continued…

I am looking forward to our next meeting Saturday February 23rd from 11:30 – 4PM. We will have three psychiatry resident presentations of interesting cases, which are usually the highlight of the meeting, followed by our business meeting. Hope to see you then!

Suzanne Holroyd, MD, President

Photos from the WV Psychiatric Association Summer Meeting 2018

Dr. Suzanne Holroyd receiving the President’s Award

Residents
WEST VIRGINIA DISTRICT BRANCH OF THE AMERICAN PSYCHIATRIC ASSOCIATION

WINTER MEETING

FEBRUARY 23, 2019

Charleston Location: WVU Education Building, Room 2024
Morgantown Location: WVU Health Sciences Center North, Room 1905

AGENDA

11:30 am – 12:15 pm Welcome/Lunch

12:30 – 2:45 pm Three Case Presentations:
“New Onset of Non-Organic Delusions In The Elderly”
Gira Borad, MD, WVU Charleston

“Dependent Personality Disorders With Borderline Traits”
Tamara Murphy, MD, Marshall University SOM

“Postictal Psychosis”
Halima Al-Qawasmi, MD, WVU Morgantown

2:45- 3:00 pm Break

3:00 – 4:30 pm Business Meeting

Please RSVP by February 15, 2019 to Barbara Samples, wvdbpsych@frontier.com or 304-776-5067
Disclosure
It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician’s Recognition Award (PRA) Category I or II must disclose and financial interest or other relationship (i.e. spouses/partners, grants, research support, consultant honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference.

Accreditation: In support of improving patient care, this activity has been planned and implemented by The West Virginia Psychiatric Association and CAMC Health Education and Research Institute. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Physicians- CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. CAMC Health Education and Research Institute designates this live activity for a maximum of 2.25 AMA PRA Category I credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in this activity.

District Branch Meeting Minutes, August 24, 2018

Attendees: Veena Bhanot, MD; Walter Byrd, MD; Jose Cortina, MD; Hussein El-Khatib, MD; Ahmed Faheem, MD; Kenneth Fink, MD; Suzanne Holroyd, MD; David Humphreys, MD; Sidney Lerfald, MD; Jerome Massenburg, MD; Avid Momen, MD; Jeffrey Priddy, MD; Sarah Rahman, MD; Krista Rhodes, MD; Ralph Smith, Jr, MD; Neal Thomas, MD; Tiffany Sparks, MD; Calvin Sumner, MD; Lauren Swagger, MD; Jawad Zafar, DO

Residents: Jason Barrett, MD; Meredith Bentley, DO; Gira Borad, MD; Daniel Cho, MD; Elizabeth Collier, MD; Ashley Collins, DO; Ruthie Cooper, MD; Jordan Gaal, DO; Derek Goff, DO; Danielle Guinan, MD; Janice Hostetter, DO; Jeremy Hustead, MD; Jeff Liubicich, MD; Erika Maynard, MD; Kamal Patel, MD Sneha Raghunath, MD; Claire Bajamundi Pyler, DO; Kristina Rached, MD; Eden Rouse, MD; Adam Schindzielorz, MD; Patrick Vincent, MD; Tiffany White, DO

Medical Students: Camille Leon, John Perez, Gerald Rader

Guests: Patrick Marshalek, MD, Speaker; Gill Gurtej, MD, CAMC Psych Research Fellow

The summer meeting of the West Virginia District Branch of the American Psychiatric Association was called to order by WVDB President, Dr. Suzanne Holroyd at 10:45 am on Friday August 24, 2018. Dr. Holroyd welcomed everyone to the meeting, which was very well attended again this year.

The initial activity of the District Branch meeting was the scientific presentation present by Dr. Patrick Marshalek. Associate Professor of Psychiatry, West Virginia University School of Medicine in Morgantown. The scientific presentation was given by Dr. Marshalek in two components: Clinical Applications of ECT, and Clinical Application of TMS. The first presentation was on "Clinical Applications of ECT" was given by Dr. Marshalek from 11:00am to 12:30pm.

Lunch was served from 12:30 to 1:30pm, and an enjoyable time was had by all catching up on statewide business and sharing personal updates.

The second presentation by Dr. Marshalek on "Clinical Applications of TMS" was given from 1:30pm to 3:00pm.
August 24 Meeting Minutes continued...

Business Meeting:
The business meeting of the West Virginia District Branch convened at 3 p.m.

President’s Report:
Dr. Holroyd gave the President's report and additionally reviewed progress statewide in advancing the awareness of psychiatric issues both in the legislature and in the lay public. Also there has been a robust growth in the psychiatric residency programs, of which there are now three in the state of West Virginia: Marshall, Charleston and Morgantown. Dr. Holroyd also noted that Dr. Patricia Harris the next president of the American Medical Association is a native of Bluefield West Virginia. Dr. Holroyd also noted that at the last APA meeting the issue of physician burnout and wellness concerns among practicing psychiatrists has become a national topic of concern.

Congratulations were offered to Dr. Daniel Cho, Psychiatry Resident at West Virginia University, Charleston on receiving an APA Fellowship and also Dr. Ebony Dix upon completing her APA fellowship. Dr. Dix is currently completing a Fellowship in Geriatric Psychiatry at Yale University. It was further noted that Marshall University has received a Region Five APA research award at the May APA meeting.

Treasurer’s Report: Dr. Jeff Priddy presented the WVDB Treasurer’s report, encompassing the dates of December 31, 2017 – July 31, 201. The report was accompanied by a balance spread sheet indicating the various revenue streams flowing into the District Branch and the expenditures outgoing over the time period noted. The DB is solvent financially.

Secretary’s Report: Dr. Byrd gave the WVDB Secretary’s report, including reviewing the minutes from the winter District Branch meeting in February 2018 meeting. The minutes were approved as read by the WVDB members present.

Committee reports:
Assembly Report: The APA Assembly report is in the latest addition of the District Branch Newsletter.

Legislative Report:
Dr. Faheem gave the Legislative Report for Dr. TO Dickey. Dr. Faheem noted that advances have been made in several pieces of legislature to benefit effective patient care. There had been adjustments in the stipulations of Senate Bill 273 that would have required face-to-face routine patient-doctor meeting for schedule-II prescriptions, being managed through telepsychiatry. Also there was the defeat of a psychological prescribing scope of practice bill. Through the legislative efforts by the State Medical Association and the WVDB, psychiatry residents now can obtain a trainee license, which will be helpful to Psychiatry training programs. Also a Senate bill was passed to decrease the waiting time from 3 years to 2 years for a West Virginia medical license for foreign medical graduates.

Ethics Report: No complaints of infractions of ethical conduct were noted, as the report was forwarded to the WVDB by Hussein El-Khatib, who was not present.

Fellowship Report: Dr. Ralph Smith was not the meeting, but had forwarded a brief status update noting no problems with the ongoing APA Fellowship process and that Fellowship status continues to progress among members of the West Virginia District Branch.

Membership Report: Dr. Veena Bhanot, supplied the membership report. It was reported that sadly Dr. Bobby Miller had passed away in March of 2018 and there was a moment of silence and noted appreciation concerning Dr. Miller as having been a valued friend and member of the WVDB during his career. Regarding the membership, it was noted that the membership has increased in the WVDB, and that there has also been an increase in membership among residents in training. Total membership is 197 with one new member, 16 new resident members, 2 reinstated members. A total of 8 members transferred out of WV and 10 members were dropped.

Residents’ Report: The Residents report was given by representatives of the three WV psychiatric residency training programs: Dr. Cho from Charleston, reported that the Dr. Martin Kommor is retiring as Chair of Psychiatry. There are 2 new attendings starting in Charleston in the near future as well excitement regarding the four new psychiatric Residents that have come to the residency as of July 2018.
Dr. Hustead from West Virginia University in Morgantown noted that there is now an Addiction Medicine fellowship in Morgantown, complementing the current Forensic Fellowship and the Child and Adolescent Fellowship. Dr. Hustead also noted that there are 29 psychiatric residents and fellows now in the Morgantown program.

Dr. Schindzielorz from Marshall University noted that there are now 16 Psychiatry Residents at Marshall, with 4 residents in each of the 4 PGY levels. The Marshall program is currently caring for geriatric patients in several nursing homes and has opened a 10 bed Marshall Psychiatry program staffed unit at Mildred Bateman psychiatric hospital in Huntington. Also there is a new Day Hospital program beginning and TMS is underway at Marshall. The Psychiatry program at Marshall will be proceeding with the development of fellowships in Geriatric Psychiatry and Child and Adolescent Psychiatry.

**Old business:**
The resident mixer scheduled for October 14th at the Bluegrass Kitchen in Charleston and all resident members are encouraged to attend.

**New Business:**
There was discussion of the WVDB Bylaws, followed by a motion to accept and the motion passed to approve the Bylaws. Barbara Samples noted that our DB received an APA grant of $2800 dollars for the resident mixer and for expenses at the August meeting.

One of our DB Assembly Representatives, Dr. Erica Arrington, has moved to Wisconsin and therefore it will be necessary to select a new Assembly Representative.

A motion was made by Dr. Ahmed Faheem, 2nd by Dr. Kenneth Fink to contact the APA to ask for assistance in funding a lobbyist for the District Branch regarding the psychologists prescribing bill. The DB approved this motion and Dr. Holroyd will work with the APA Government Relations representative on this issue.

Dr. Daniel Cho is the departing Resident Member-in-Training representative, and the next representative will be from either the Marshall or the Morgantown program.

Dr. Sparks is the incoming DB President-Elect and she is putting a nominating committee together for submitting nominations for officers for the upcoming the 2019-2021 year.

The next WVDB will be scheduled for February 23, 2019.

**Adjournment**
The meeting was adjourned at 4:30 p.m. on August 24, 2018

Respectfully submitted:

Walter Byrd, MD
Secretary West Virginia District Branch.
I attended the November meeting of the APA Assembly. The following report is copied from Assembly Notes composed by Dr. Adam Nelson.

This digest of events during the November Assembly meetings held in Washington, DC summarizes oral presentations and action items of the Assembly. Many other reports presented in written form were found in the Assembly Packet. It is best to download or read online, but may also be printed and distributed in hardcopy (without access to the web links). Any errors or omissions are to be considered unconscious. Corrections and suggestions may be sent to Adam Nelson, M.D.

EDITOR'S NOTE: I invite the reader to respond to any of the Action Items described in this edition, or any other topic(s) of interest. Please give voice to your reactions and opinions by contacting your DB and Area leadership and Assembly representative and drafting an Action Paper for the next meeting of the Assembly. You may support an existing policy, practice, or position, oppose it, or develop something completely different. What you may not do is to remain silent. Please let us know your thoughts on these and any other topics of interest or concern to you. –A.N.

Report from the APA President — Altha Stewart, M.D.
Dr. Stewart prefaced her comments by noting the APA’s improvements in communication technology and infrastructure. Dr. Stewart tells us that we have a responsibility, as psychiatrists, to address a growing public trauma, provoked by divisive rhetoric and violent acts of terror at this moment. These problems are where we “live” as psychiatrists, and demand that we respond. APA continues to address matters of importance to all psychiatrists, including MOC, safe prescribing, and disparities in compensation and access to care. Efforts to expand leadership of RFMs and ECPs have led to an increased number of submissions to the scientific program for the upcoming APA Annual Meeting in 2019 by first-time presenters. In addition, APA’s “footprint” is expanding in children’s mental health, criminal justice, and other areas of mental health of social importance. Dr. Stewart shared her sense of honor to have participated in the wreath-laying ceremony at the Vietnam Memorial.

Treasurer’s Report — Gregory W. Dalack, MD, Treasurer
Information presented was for the first 8 months of 2018 (as compared to the same time period last year). Overall, revenues appear to have declined, mostly due to investment performance. However, membership revenue is up, due to earlier dues payments this year. Annual meeting revenues increased, while DSM revenues declined, as expected. The budget anticipates using about $2.2M of reserves. Revenues did exceed costs in Annual Meeting, DSM, Dues, Publishing, and Discretionary projects, leaving our overall financial status quite sound. The APA Foundation has assets this year comparable to last year. APAF had success in obtaining federal grants. Also, expenses requested by the BOT were much less than funds available, giving the APAF strong financial status as well. A financial audit of APA, APAF, 401(k) and pension funds resulted in a “clean opinion”. Full report was included in the Assembly Packet.

Report of the Assembly Nominating Committee — Theresa Miskimen, MD
The Nominating Committee selects as candidates for Assembly Officers:
Speaker-Elect: Seeth Vivek, MD (Area 2) and Joseph Napoli, MD (Area 3)
Recorder: Mary Jo Fitz-Gerald, MD (Area 5), Vincenzo Di Nicola, MD (Area 1) and Adam Nelson, MD (Area 6)

Congratulations and good luck to all the candidates!
Dr. Levin attended the *wreath-laying ceremony* at the Vietnam Memorial, which he described as “one of the best things I’ve ever seen the APA do.” There were several touching moments at the event marking the 50th anniversary of the Vietnam War and was initiated by an Action Paper from the Assembly. Also in attendance were several veterans and their families. APA was one of only 3 awardees of a CMS Quality Measure Development Grant for managing mental illness and substance use disorders. The grant will forge a partnership between APA and NCQA. This year’s federal budget includes a $2B increase in NIH funding through HHS appropriations, and $584M increase to SAMSHA, including a $206M increase for opioid state response grants. The Minority Fellowship Program was also retained despite the Trump administration initially threatening to “zero” this budget item. APA priorities continue to be Telehealth, CURES state targeted opioid grants, CHiP parity, Medicaid for substance-use disordered inmates, NIH opioid pain management research, establishing best practices for opioid prescribing and pain management, and defense of the ACA. APA filed a joint suit (with NAMI and MHA) against short-term limited insurance ([www.stopjunkinsurance.com](http://www.stopjunkinsurance.com)). AMA, ACP, AOA, AAFP, AAP, ACOG, HIV Medicine Association, and Medical Society of District of Columbia all filed Amicus Briefs in the case. APA was one of the first organizations to oppose the Trump administration’s immigrant family separation and detention policies. APA signed a coalition letter to Congress opposing policies of separating refugee children from their parents at the US border and submitted comments opposing proposed modifications to the Flores settlement. APA is excited to be celebrating its 175th Anniversary at the Annual Meeting in San Francisco in May 2019. In addition, the BOT has approved the purchase of the top 3 floors of the building where now is housed the APA Headquarters, and where a reception is being held this weekend. Finally, Dr. Levin reminds us that this has been a week of tragedy. With the murder of a black couple in Louisville, KY, 11 Jews and first responders in Pittsburgh, PA, and children of immigrants and refugees who remain separated from their families, it is most important for each of us to vote on Election Day!

**Presentation of Assembly Awards Committee — Daniel Anzia, MD, Chair**

This year’s Assembly Profiles in Courage Award is being awarded to Jeffrey Geller, MD. As Dr. Geller is one of the candidates running this year for APA national office, the Awards Committee has decided to postpone presentation of the award until the May Assembly.

**Report from the American Psychiatric Association Foundation – Saul Levin, MD, MPA, Chairperson/Chief Executive Office Officer and Medical Director & Daniel Gillison, Jr., Executive Director**

APA Foundation is commemorating the 175th anniversary of APA this year with planned Gala in San Francisco at the Annual Meeting in San Francisco, as well as exhibits at the APA offices and headquarters. The APAF Substance Use Disorders de-stigmatizing campaign is underway, coordinating with several international groups. Two PBS documentaries are also in the works, one being produced by Ken Burns. Look for them soon. APAF provided support for the wreath-laying ceremony earlier this week and the post-ceremony reception held afterwards. This coming year, the APAF Board will be more active in soliciting contributions. New Board members are Gabrielle Shapiro, Bruce Schwartz, Greg Dalak, and Lou Krause. Dan Gillison exhibited a [promotional video](http://www.apafdn.org) from APAF. Fundraising for 2018 of $122K has far exceeded the $93 raised in 2017. The Annual Fund, which provides assistance to programs and initiatives that are most in need, is currently at 78% of its goal for the year. The Melvin Sabshin, MD Library and Archives, housed at APA Headquarters, has an Adopt-A-Book Program to preserve, digitize, expand, maintain, and acquire new additions to its collection. More information is available at [www.apafdn.org](http://www.apafdn.org). A copy of the slides from this presentation can be found here.

**Assembly Committee on Procedures — A David Axelrad, MD, Chair**

The Assembly approved editorial changes to the Assembly Procedures recognizing the [Standard Code of Parliamentary Procedures](http://www.apafdn.org) as the new guidebook on rules of conduct during the Assembly.
Assembly report continued...

APA Position Statements

The following Position Statements were approved by the Assembly:

- **Proposed** Position Statement on Role of Psychiatrists in Palliative Care
- **Proposed** Position Statement on Utilization of Measurement Based Care
- **Proposed** Position Statement on Core Principals for Alternative Payment Models for Behavioral Health
- **Proposed** Position Statement on Screening and Treatment of Mood and Anxiety Disorders During Pregnancy and Postpartum
- **Proposed** Position Statement on Physician Health Programs in the Treatment of Addiction and Substance Use Disorders in Physicians
- **Proposed** Position Statement on Conversion Therapy and LGBTQ Patients
- **Proposed** Position Statement on Mental Health Equity and the Social and Structural Determinants of Mental Health
- **Proposed** Position Statement on Human Trafficking
- **Proposed** Position Statement on Police Brutality and Black Males
- **Proposed** Position Statement on Safe Prescribing (**)
- **Retire** 1981 Position Statement: Confidentiality of Medical Records: Does the Physician have a Right to Privacy Concerning His or Her Own Health Records?
- **Retain** 2013 Position Statement on Legislative Intrusion and Reproductive Choice
- **Revised** Position Statement on Consistent Treatment of All Applicants for State Medical Licensure
- **Retain** Position Statement on Residency Training Needs in Addiction Psychiatry for the General Psychiatrist
- **Retain** Position Statement on Neuroscience Training in Psychiatry Residency Training
- **Retire** Position Statement on Therapies Focused on Attempts to Change Sexual Orientation (Reparative or Conversion Therapies)
- **Proposed** Position Statement on Separation of Immigrant Children and Families

(A proposed Position Statement on PDMP’s was NOT supported by the Assembly. The approved Position Statements will go to the BOT for final approval. The PS on Safe Prescribing (**) has already been approved by the BOT.)

Action Papers/Items

Among the Actions taken during this session, the Assembly voted:

- For the APA to biannually review the World Health Organization’s Essential Medicines List (EML) regarding psychotropic and substance use disorder medications.
- To improve Psychiatric Treatment in Child Welfare and Juvenile Justice Programs.
- To urge the APA to address the critical role of residents and fellows in the workforce.
- To have the APA evaluate states’ best practices of behavioral health managed care.
- To simplify EHR required documentation under Medicare and Medicaid.
- To amend the APA Position Statement on Peer Support to include peer support services for families.
- To remove Medicare and Medicaid restrictions and other barriers to healthcare access in Puerto Rico.
- For the APA to monitor media for misinformation disseminated by Scientology and develop a corrective message campaign with talking points for APA members to use.
- To protect the public mental health from effects of climate change by urging APA to divest from fossil fuel industry investments.
- To develop a Position Statement on unbiased and diverse expert panels for developing Treatment Guidelines particularly with regard to psychodynamic therapy and interpersonal therapy.
- To urge the AMA for add-on billing codes for suicide risk assessments in primary and emergency care settings.
- To promote and support access to quality MH services to forcibly separated immigrant children and families.
- To develop and distribute to department chairs and residency and fellowship training directors a tool kit for use by psychiatrists and psychiatric trainees addressing racial discrimination.
- To develop a suicide prevention strategic plan with focus on underserved populations and other high-risk groups.
- To advocate for the necessity of keeping families intact while they are seeking asylum in the US.
- To offer digital versions of information update packets during Assembly meetings.
Assembly report continued…

- To create a Position Statement on the administrative burden of treatment plan documentation imposed by CMS, Joint Commission, and other third parties.
- NOT to support a proposed revision to the APA electoral process

(Items with a * were approved by consent. Items in bold were more controversial and may be worthy of soliciting feedback from constituent members of your DB.)

A draft summary of actions taken by the Assembly can be found here. Final version of all Action Papers can be found here. You can view all current and previous Action Papers and track their current status on AITS here.

Reports and Next Steps from the Assembly Committees/Work Groups

Assembly Committee on Public & Community Psychiatry – Isabel Norian, MD, chair
Topics discussed include tracking of Position Statements headed to the JRC on hospital-based care, national concerns about immigrants being potentially denied status if they enroll in Medicare or Medicaid, and a pilot project announced by Bob Cabaj, MD in San Mateo County, CA to address opioid addiction treatment.

Assembly Committee on Psychiatric Diagnosis & the DSM – Vincenzo Di Nicola, MD, chair
Topics discussed included new thinking process in upcoming DSM revisions, which are an ongoing process, on the use of “Z codes” in the military, a possible forensic dilemma as to whether the print or online version of the DSM should be regarded as the authoritative version, whether online screening tools for addiction disorders are ahead behind or ahead of the curve, an understanding of the distinction between a diagnostic manual (DSM) and a diagnostic classification system (ICD), and the importance of social and clinical responsiveness in development of future editions of the DSM, as well as a discussion regarding the overall use of diagnosis.

Assembly Committee on Access to Care – Dr. Eliot Sorel, MD, chair
Topics discussed included an aspect of the Committee’s mission to address issues raised by members and patients by using data, to wit, results of the first qualitative access to care survey distributed to all Area Councils will be available sometime after this meeting. Access is necessary, but not sufficient without parity. A bill on behavioral health parity is likely to pass in the District of Columbia in the near future.

Assembly Committee on Maintenance of Certification – Russell Pet, MD, chair
Topics discussed included the ABPN’s current MOC Pilot Program, of which there are about 5000 participants, a recent ABMS initiative to solicit feedback on MOC in which only 12% of MDs thought it was useful, while most other stakeholders were in favor of board certification, though not necessarily by ABMS. Different specialty boards apply different passage standards, some using minimal competence, while others use standard of excellence. DOJ is exploring competition among certifying boards.

Assembly Liaisons to the Committee on Practice Guidelines – John Shemo, MD, chair
A practice guideline on schizophrenia is nearing a first draft - look for a comment period by the end of the year.

Assembly Work Group on Increasing Voter Turnout – Edward Thomas Lewis, MD, chair
The group recognizes the chronic challenge of increasing voter turnout. They concluded that the more personal the invitation, the better the turnout.

Old Business

- (At the May 2018 Assembly, the Assembly voted to postpone action on this paper until the November 2018 Assembly meeting.)
- This paper was withdrawn by the author. Input from APA’s Council on Healthcare Systems and Finances will be incorporated into a revised draft to be presented at a later time

Websites and Media:

Wreath-laying ceremony: https://www.psychiatry.org/newsroom/apa-wreath-laying-ceremony
APF Foundation promotional video: https://www.youtube.com/watch?v=AaoczZA__w4
The Unassembled Five: https://www.dropbox.com/s/db6z4fiyn0qljtb/VID-20181104-WA0000.mp4?dl=0
(Lyrics can be found at https://app.box.com/s/df8kss6kzhkmtrwtxwkezttnwzp)

I serve as the representative from Area 5 to the Assembly Committee on Access to Care. Please contact me at todickey@gmail.com if you have questions or have an issue that you think can be addressed in an action paper.

Respectfully submitted, T. O. Dickey, MD, Assembly Representative
RESIDENT NEWS

WVU Charleston Division

The second half of the year has always been my favorite part for many reasons. Personally, it contains many of the holidays I enjoy the most: Thanksgiving, Christmas, Halloween, my birthday… Professionally, it brings with it new beginnings. As a resident, it heralds the beginning of a new academic year, which brings with it a new class of residents and the possibility of continuing to build on the momentum of the past year. Inevitably, the new class of interns will ask the more senior residents what they need to do to succeed. Some will offer tips on what books to read. Others will advise on what rotations to take or when to take vacation. Many will approach this question from a practical perspective, which makes perfect sense. Generally, the best advice is the most practical. However, I prefer to approach this question from a more philosophical one.

I begin by asking what motivated them to want to become a doctor and more specifically a psychiatrist. Most will answer with something that sounds trite but is usually 100% genuine and true – to help people. I wholeheartedly believe that this is probably truer in our specialty than any other. Where others see confusion, we see compassion. Where others see frustration, we see opportunity. We genuinely have the potential to not only increase the quantity of life years lived, but further to improve the quality of life years. And there is where my advice stems from, this desire to want to “help people”. Regardless of what stage of our career we are at, this tenet of our specialty should never be forgotten. Whether we are retired or nearing retirement or an intern just starting our training, if we do right by our patients, we will never be in the wrong!

I hope we always hold on to this! I know that “wellness” is a popular topic currently. Talk of resident/physician burnout can be found on most every blog or journal… And I think there are definitely reasons for that and many things that can be improved on a system’s level. However, until those are corrected, I would suggest that the best remedy for burnout is to remember why we chose this path. We were not pushed to be doctors. We were pulled! We may have different things that pulled us here. But regardless of what they may be, I would offer that the more we focus on that reason, the less we will be distracted by the brokenness of the system.

Daniel Y. Cho, MD, MPH
Chief Resident - Internal Medicine/Psychiatry
CAMC/WVU-Charleston Division
APA/APAF Leadership Fellow
Chair - APA Leadership Development and Council Experience
APA Council on Advocacy and Government Relations

Marshall University

As 2018 comes to a close, we here at Marshall Psychiatry have much to celebrate. This has been a year of growth, which has come with both challenges and excitement as our program continues to expand its ability to serve the tri-state community. This year we have added several new services including a TMS clinic and a new outpatient, substance abuse, and addiction rotation at the Cabell Huntington Hospital affiliated Recovery Center, and we have partnered with a local nursing home to begin a geriatric-focused consultation service. We have also added several new members to the future Marshall Psychiatry attending physician roster, as three of our current PGY-3’s, Doctors Jordan Gaal, Janice Hostetter, and Meredith Bentley, have signed on following their graduation in 2020.

The 2018–2019 academic year also marks our program turning four years old! This landmark year means we will be celebrating the graduation of our inaugural intern class, Doctors Ashley Collins, Brandon Lilly, Kamal Patel, and myself. We are excited to report that following graduation Doctor Patel will be headed to Dartmouth to begin a sleep medicine fellowship in the Fall of 2019, while Doctors Collins and Lilly will be travelling to Clarksburg and Charleston, South Carolina, respectively, to begin work as inpatient psychiatrists. As for me, I have joined Marshall to continue practicing in Huntington and to remain engaged in academic psychiatry with both medical students and residents.

Continuing with the theme of growth, we have also just completed our fifth interview season over the last several weeks and, as such, will soon be welcoming our newest members to the program in a few short months. This interview season is different, however, as we have just recently applied for two additional residency spots. So far, we have received GME approval for the expansion of our resident class to a total of six and are now in the process of anxiously awaiting final ACGME approval!

Overall, 2018 has been another great year for our program. As we continue to progress onward, we hope to continue growing in ways that will provide our residents with strong training opportunities and, more importantly, ways that will continue to fill the needs of our community here in Huntington and the tri-state area. In the short-term, our residents will be gearing up for the 2019 annual APA psychiatry poster competition in San Francisco. We hope to see you all there!

Adam Schindzielorz, MD, PGY-4 Resident
Marshall Psychiatry
Another year of significant growth in clinical and educational work has concluded here at WVU Medicine in our Department of Behavioral Medicine and Psychiatry. 2018 was notable in that it marked the 30th year of our general Psychiatry residency program. We continue to operate with a full complement of 28 psychiatry residents under the tutelage of our training directors Dr. Daniel Elswick and Dr. Kari Beth Law. Our department also became part of the greater Rockefeller Neurosciences Institute (RNI) here at WVU Medicine which now includes the three departments of Psychiatry, Neurology, and Neurosurgery. Dr. Marc Haut remains the chair of our department while Dr. Ali Rezai, a Neurosurgeon, is the executive chair of RNI. The merging of our departments under the RNI has led to greater collaborative and translational research opportunities. There is currently a trial to use ultrasound to open the blood brain barrier in Alzheimer patients so as to provide direct therapy, the first of its kind in the US. In addition to our continued ECT services, we now offer TMS which is being used both clinically and for research purposes. The eventual goal is to have one facility that will treat psychiatric, neurologic, and neurosurgical cases.

The department continues to lead the charge in combating the opioid epidemic, of which WV is the hardest hit state. We currently have 4 dedicated addiction-trained attending Psychiatrists including our vice chair, Dr. James Berry. WVU Medicine’s outpatient buprenorphine clinic, the Comprehensive Opioid Addiction Treatment (COAT) clinic, continues to be one of the model programs for the use of evidence based MAT. Our primary inpatient facility, Chestnut Ridge Center, is now treating long term antibiotics patients who are typically admitted for complications related to IV substance use. Inpatient treatment in a behavioral medicine facility of these LTA patients is the first of its kind in the US. We have recently established the Addiction Medicine fellowship open to all specialties and will soon have the first Addiction Psychiatry fellowship in this state. March 4th will mark the completion of our Center for Hope and Healing, a long term residential treatment center for substance use disorders which will provide 30 residential beds along with 12 dedicated detox beds.

Besides our general psychiatry program and burgeoning addiction fellowships, the child and adolescent fellowship continues to train two fellows yearly (4 in total). The forensic psychiatry fellowship also continues to train one fellow yearly. Residents and fellows throughout the program continue to participate in multiple areas of research, quality improvement projects, and academic lectures. Recent events include lectures at the 2018 Spine Conference, 2018 Spring Family Court Judicial Conference, and numerous grand rounds. In total, we now have 7 fellows in addition to our 28 general residents with hopeful further expansion.

While our psychiatry residency continues to grow we are looking forward to another successful match this year. Further clinical growth in the department includes the expansion to the Fairmont clinic and the pending addition of another Psychiatric Oncologist. The departments will continue to expand our ability to care for the health and wellbeing of all West Virginians. We in the psychiatry residency are excited about our role in helping to heal our state.

Jeremy D. Hustead, MD  
Chief Resident, PGY-IV  
Department of Behavioral Medicine and Psychiatry

APA Resident Fellowships

The 2018-2019 recruitment season for APA/APAF Fellowship applications is open to Residents. Applications will be accepted through January 31, 2019 for any of the eight fellowship programs (APA/APAF Leadership, Child and Adolescent Psychiatry, Diversity Leadership, Jeanne Spurlock Congressional, Public Psychiatry, Psychiatric Research, SAMHSA Minority and SAMHSA Substance Abuse Minority Fellowships. The APA/APAF Fellowships remain an integral part of building the pipeline for innovative psychiatrists interested in organized medicine. They also support APA’s strategic initiatives to advance the integration of psychiatry in the evolving healthcare delivery system and supports and increases diversity in the field. Residents are encouraged to take advantage of these wonderful opportunities. You may apply through the APA website at https://www.psychiatry.org/residents-medical-students/residents/fellowships
Registration is now open for the APA Annual Meeting in San Francisco, May 18-22, 2019. Early bird registration deadline is February 12, 2019. The theme is Revitalize Psychiatry: Disrupt, Include, Engage & Innovate. You may register online at www.psychiatry.org. During the Annual Meeting the APA will be celebrating their 175th anniversary. Stay tuned for more information on the celebrations.

In 2019, APA celebrates the 175th anniversary of its founding in 1844. To commemorate this anniversary, APA and American Psychiatric Association Foundation (APAF) are hosting special programming at the 2019 Annual Meeting. Unique sessions and events will include:

- Historical Scientific Program Track
- 175th Anniversary Special Edition of MindGames
- 175th Anniversary Gala at San Francisco’s City Hall - Purchase your tickets soon as they sell out quickly
- And much more to come... 

Psychiatric News will publish articles on milestones in the history of psychiatry throughout 2019.

Renew your Membership for 2019

Thanks to your continued support, we have accomplished a great many of the goals we set this past year. Please renew your membership now and help us continue this important work in the year to come! Renew today by choosing one of the options below:

- Online with your direct payment link (no login required);
- By phone at 202-559-3900 or 1-888-357-7924;
- Through your my.psychiatry.org account by selecting “My Memberships-Renew” upon logging in. You can also choose an installment plan by mailing or faxing the Scheduled Payment Plan form. If you have any questions or would like a direct payment link, please contact the APA Membership Department at membership@psych.org or 202-559-3900.

APA’s 2019 Federal Advocacy Conference

Join us for APA’s 2019 Federal Advocacy Conference in Washington, D.C.! This unique opportunity to lobby members of Congress on issues that affect psychiatry and our patients will take place March 11th through the 12th at the Washington Marriott Georgetown.

All APA members are invited to join the APA for the Federal Advocacy Conference and take part in psychiatry playing a critical role in shaping health care policy during the 116th Congress. Before holding face-to-face meetings with their federal legislators and staff, attendees will learn first-hand APA’s federal legislative agenda for 2019. The experience will include insights from APA’s leadership and staff on the inner workings of Congress and the legislative process as well as hands-on advocacy training so that attendees are prepared to go on the Hill and lobby for our profession. Attendees are also asked to bring their white coat or borrow one from a colleague, so we can remind Capitol Hill of psychiatry’s place in the House of Medicine. There is a $250 registration fee and attendees will be responsible for their travel and hotel expenses. Space is limited so we encourage you to contact Sage Bauer at APA at sbauer@psych.org to register before you miss out!
WELCOME NEW/REINSTATED MEMBERS

New Resident Members:
Huntington: Oluwadamilare Ajayi, MD, Mallory Morris, MD, Tamara Murphy, MD.

Morgantown: Sarah Almasri, MD, Sara Chowdhury, MD, Edward Hamrick, MD, Ruosi Liu, MD, Lauren Mayle, MD, Mallory Morris, MD, Joy Parks, MD, Melanie Peterson, MD.

Charleston: Rebecca Brown, MD, Rebekkah Brown, MD, Gavin Bryant, MD, David Faro, MD, John Hendaleman, MD, David Lewis, MD, Mamouna Mohsin, MD

Reinstated members: Jessica Whipkey, MD, Flemington, WV; Cynthia Prather, MD, Parkersburg; Stephen Deci, MD, Morgantown (RFM); Jamal Shah, MD (RFM)

Transfer out of WV: Khaled Bowarshi, MD (Florida); Marelise Nieuwenhuizen, MD (Washington); Ryan Wakim, MD (Pennsylvania)

Upcoming Events...

WV District Branch Winter Meeting, February 23, 2019 in Charleston and telecast to Morgantown. An RSVP will be sent to members soon.

Election of WV District Branch Officers – The WV District Branch Nominating Committee will present the slate of officers for the 2019-2021 term at the February 23, 2019 DB meeting. A ballot will be emailed (or mailed) to WV District Branch members in March 2019. Please watch for this email and mark your ballot and return it to Barbara Samples by April 22, 2019.

APA Annual Meeting, May 18-22, 2019, San Francisco (early bird registration ends February 12, 2019)

WV District Branch Summer Meeting, August 24, 2019 at The Greenbrier