Greetings to West Virginia District Branch Members!
I wish everyone in the West Virginia Psychiatric Community a wonderful New Year!

I would like to fill you in with some work going on behind the scenes in the WV APA District Branch. Dr. Ahmed Faheem recently alerted me that a lobbyist for state psychologists has been circulating proposed legislation allowing psychologists prescribing privileges in WV. In summary, the bill would allow licensed psychologists with a collaborative relationship with a “qualified physician” the privilege to prescribe drugs, after a variety of training experiences. At this time, this bill has not been sponsored but we have notified the APA for assistance in fighting this initiative, should it be introduced. We have been in communication with the APA Regional Field Director for State Government Affairs, and appreciate their insights and assistance. In addition, Dr. Faheem has secured the full support of the Legislative Committee of the West Virginia State Medical Association to assist us in opposing this bill, should it be introduced. We will keep you informed of this progress, and may ask your assistance in writing or call legislators to voice your opposition. At this time, however, it seems unlikely that this bill will move forward.

On another note, for those unable to attend the August 2017 District Branch meeting, we had a great educational, informative, and social meeting. We were thrilled that Dr. Rolly Sullivan and his wife Dolly were in attendance. He was awarded “The Outstanding Leadership as President of the WV District Branch from 2015-2017”. We also had impressive representation from our membership, including psychiatry residents, as well as some medical students, from all three residency programs. I truly feel the future of WV Psychiatry is very bright, seeing the next generation of psychiatrists. Those in attendance heard educational sessions regarding Geriatric Psychiatry, a growing need in our state. I want to thank Dr. Mark Miller from WVU for his very interesting talk on the latest on dementia.

In addition, the WV Psychiatry Resident Mixer was held September 24th at Stonewall Jackson Resort. It was enjoyed by an enthusiastic, although small, group of psychiatry residents and their families.

I am looking forward to our next meeting on Saturday, February 3, 2018 where we will hear very interesting cases as presented by residents from each of the residency programs. I know I learned a lot last year from the outstanding presentations! And, CME will be awarded for those in attendance.
President’s Message continued…

As usual, one may attend either in person at the WVU Charleston location or by teleconference from WVU Morgantown. Also as usual, Barbara Samples has done an amazing job organizing this educational event and a delicious lunch will be served. I want to thank Barbara for her ongoing work and support, the true organization behind our association.

I hope to see you at our next meeting on February 3, 2018!
Suzanne Holroyd, MD
President

************************************************************************

Photos from District Branch Meeting, August 25, 2017

Dr. Rolly Sullivan receiving his award for serving as DB President 2015-2017.

Special thanks to Dr. Mark Miller and Dr. Suzanne Holroyd for their wonderful presentations at the August meeting.
WEST VIRGINIA DISTRICT BRANCH OF THE
AMERICAN PSYCHIATRIC ASSOCIATION
WINTER MEETING
FEBRUARY 3, 2018

Charleston Location:  WVU Education Building, Room 2024
Morgantown Location:  WVU Health Sciences Center North, Room 1905

AGENDA

11:30 am – 12:15 pm  Welcome/Lunch
12:30 – 2:45 pm  Three Case Presentations (45 minutes each)

“Cerebellar Cognitive Affective Syndrome in Two Veterans: Case Studies and Review of the Literature“
Presented by:  Clare Bajamundi Plyler, DO, PGY-2, Marshall University

“Excoriation Disorder” as discussed in the context of a case”
Presented by:  Sheena Dohar, MD, PGY-4, WVU Morgantown

“Imaginary Friends or Hallucinations: The Progression of Major Neurocognitive Disorder in Down Syndrome”
Presented by:  Sarah Rahman, MD, PGY-4, WVU Charleston

2:45- 3:00 pm  Break
3:00 – 4:30 pm  Business Meeting

Please RSVP by January 29, 2018 to Barbara Samples, wvdbpsych@frontier.com or 304-776-5067
Disclosure
It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician’s Recognition Award (PRA) Category I or II must disclose and financial interest or other relationship (i.e. spouses/partners, grants, research support, consultant honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference.

Accreditation: In support of improving patient care, this activity has been planned and implemented by The West Virginia Psychiatric Association and CAMC Health Education and Research Institute. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Physicians- CAMC Health Education and Research Institute’s CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. CAMC Health Education and Research Institute designates this live activity for a maximum of 2.25 AMA PRA Category I credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in this activity.

District Branch Meeting Minutes, August 25, 2017

Attendees: Jeff Priddy, MD; Kenneth Fink, MD; Sid Lerfald, MD; Tiffany Sparks, MD; Suzanne Holroyd, MD; Calvin Sumner, MD; Neal Thomas, MD; Marelise Nieuwenhuizen, MD; Ahmed Faheem, MD; T. O. Dickey, MD; Thomas Williams, MD; Daniel Elswick, MD; Walter Byrd, MD; Hussein El-Khatib, MD; Avid Momen, MD; David Humphreys, MD; Lauren Swager, MD; Mark Miller, MD; Ralph Smith, Jr., MD; Rolly Sullivan, MD. Residents and Medical Students: Kamal Patel, MD; Brandon Lilly, MD; Ashley Collins, DO; Kenneth Troxclair, MS; Adam Schindzielorz, MD; Hunter Edwards, MS; Derek Goff, DO; Patricia Mathew, DO; Daniel Cho, MD; Sarah Rahman, MD; Rebecca Brown, MS; Jawad Zafar, DO; Jeff Liubicich, MD; Eden Rouse, MD; Carrie Andrews, MD. Guests: Dolly Sullivan and Libby Lerfald.

The meeting was called to order by District Branch president, Suzanne Holroyd, MD at 10:45 a.m. Dr. Holroyd welcomed all the attendees to the summer meeting, which was very well attended. She thanked Cristine Cotter of American Professional Agency, Inc. for providing lunch for this meeting.

The initial order of business was the presentation of a special award to Dr. Rolly Sullivan for his outstanding leadership as President of the WV District Branch from 2015-2017. Dr. Sullivan has suffered from ill health over the past year and has not been able to work in the field of psychiatry, and his presence at the meeting was both enjoyable for him and a great encouragement to all the attendees, many of whom are his close friends. He was accompanied by his wife, Dolly Sullivan.

The initial installment of the scientific component of the District Branch meeting was presented by Dr. Holroyd. Dr. Holroyd is Professor and Chair of the Department of Behavioral Medicine, Joan C. Edwards School of Medicine, Marshall, University, Huntington, West Virginia. Dr. Holroyd’s presentation was entitled: "Updates on the Evaluation and Treatment of Depression in the Elderly." The presentation was comprehensive, clinically applicable, and well received by all in attendance.
The second installment of the scientific component was presented by Dr. Mark Miller, MD, Dana Farnsworth Endowed Chair of Psychiatric Education, Department of Psychiatry and Behavioral Medicine at West Virginia University School of Medicine, Morgantown, West Virginia. Dr. Miller’s presentation was entitled: “What's Trending in the Diagnosis and Management of Dementia.” The material presented was up-to-date, stimulating and very clinically applicable as it pertains to the challenge of effectively treating patients with dementia.

**Business Meeting**
(review of minutes of previous meeting and reports from the current WVDB officers)

a. The minutes for the February 18th Winter Meeting of the West Virginia District Branch were read, reviewed and approved by vote of the attendees.

b. **President’s report:** Dr. Holroyd delivered the presidents report and reviewed various items from the American Psychiatric Association meeting held in May of 2017. Burn out and Psychiatry was a key topic addressed at the APA meeting and next year at the August District Branch meeting, Dr. Holroyd has recommended Post Traumatic Stress Disorder to be the topic for the scientific presentations.

Dr. Holroyd related that WV resident members presented several posters at the APA Annual meeting and that they were well received. She encouraged others to submit posters for the APA 2018 Annual meeting in New York. The proposal was discussed that some of the posters from West Virginia members might be brought to the February 2018 district branch meeting for display to the full membership of the district branch, and Dr. Holroyd was going to investigate whether this would be feasible.

Dr. Holroyd also noted that several 4th year medical students at Marshall University Medical School has have shown an interest in Psychiatry and these students are being encouraged to attend the next District Branch meeting, in February 2018. Another matter of concern that has shown a recently improving arise is the status of NAMI in West Virginia. Charleston now has a NAMI contingent work group underway and Wheeling has an active chapter of NAMI. Huntington and Morgantown do not have NAMI work groups or chapters at this point. An organization known as “Mental Health America” may be an alternative to NAMI in the Morgantown area, as there is no NAMI chapter operating in Morgantown at this time.

c. **Treasurer report:** Dr. Jeff Priddy presented the treasury report, reviewing the deposits and distributions from the general account, as well as the status of the long-term CD account. Dr. Priddy reported that at this point the district branch is solvent.

d. **Secretary’s report:** Dr. Walter Byrd reviewed several key points of the minutes from the last District Branch meeting in February 2017, and thanked the membership for the approval of the minutes as read. No other pending secretarial business reported.

**Committee Reports:**

a. **Assembly Report:** Dr. Dickey (Charleston) and Dr. Arrington (Morgantown) are the district branches’ two representatives to the assembly. The May 2017 Assembly report was included in the District Branch’s July 2017 Newsletter and Dr. Dickey indicated that observations gathered at the last meeting reflect that there has been an increase in overall APA membership. In 2018 the APA is moving its national headquarters from Virginia back in to the District of Columbia, near the U.S. capital. Dr. Dickey reported that one of the issues of prominent concern and focus was that with the new presidential administration considering a revision of the affordable Healthcare act, that previous gains in mental health coverage not be eroded.
Another focus of the APA is on physician burnout. The next APA Assembly meeting is in November 2017 in DC. Barbara Samples, our District Branch Executive Director, will attend the APA District Branch Leadership Conference in November 2017 in DC.

b. Legislative Report:  Dr. Dickey indicated there is no significant new legislative matters impacting psychiatrists underway at this time. Dr. Faheem, an active member of the state Medical Association, did add insights into the workings of the State Medical Association and with best practices for facilitating cooperation with the West Virginia District Branch and the WV State Medical Association. Dr. Faheem led a lively discussion from the floor regarding the current state wide difficulty experienced by psychiatrist attempting to find nursing home placements for patients with comorbid psychiatric illnesses. Several nursing care facilities have been rather resistant to accepting patients with medical needs if there are collateral psychiatric features as well. Discussion was held as to whether legislative action might be helpful in alleviating this impediment to proper patient management and disposition. Dr. Elswick and Dr. Miller suggested that perhaps contacting the national office of NAMI to gain perspective on how this is dealt with in other states might be beneficial, as well as contacting the American Hospital Association for suggestions, since many of the patients having difficulty with placement in Nursing Homes are having this difficulty when the hospital has completed the patient’s acute care phase, and placement in a Nursing Home with medical management is the next logical step in the patient’s care progression. Dr. Fahem expressed the importance of DB members becoming involved in the State Legislature and the need to take a proactive role in lobbying with legislators on bills introduced such as geriatric and health care issues. A copy of the APA Legislative updates for 2017 was distributed to all attendees.

c. Ethics Report:  Dr. El-Khatib reported that the District Branch has received no reports for complaints of medical misconduct among the members of the district branch.

d. RFM Report  (Residents and Fellows)
Daniel Cho, MD, from the Charleston residency program reported that the new PGY-1 residents (3 psychiatry and 2 medicine psychiatry) are adapting well, and there is now a new residency program coordinator for the residency training program. Dr. Dickey was the former residency program director, and with his retirement those responsibilities are being discharged by Dr. Tiffany Sparks. Dr. Cho reported that they have two new faculty members, Dr. Adina Bowe (to begin in January), and Dr. Yahia Homsi. Dr. Cho noted that a new COAT clinic process is being implemented in Charleston, with the goal of improving the success of the medically assisted treatment of opiate addiction. This COAT clinic will improve the range of the training experience in addiction for the Charleston psychiatric residency. A new quality improvement project that the Charleston residency is now implementing involves assessing and making strategic recommendations to seek to improve communication and patient flow between the CAMC emergency department and the inpatient and outpatient psychiatric services at CAMC. Dr. Adam Schindzielorz, from the Huntington residency program noted that they now have their 3rd entering class of residency (PGY-3) and that the new residency in Huntington is going well. They have recently selected the chief resident and they also have recently hired a new child psychiatrist, Holly Porter MD, to join the faculty in the Department of Psychiatry. The Huntington residency is particularly proud of the fact that there were 14 research posters presented by Huntington residents at the national APA meeting in May of 2017.

Dr. Jawad Zafar, from the Morgantown residency program reported that Chief Resident Dr. Ebony Dix has recently received national recognition as an Executive Fellow with the American Psychiatric Association. This is a select group of residents who are selected for the skill and promise demonstrated in both clinical activities and leadership excellence.
The Morgantown program is particularly excited about the prospect of establishing a new addictions fellowship, and with the acquisition of 2 new faculty members, Dr. Michael Ang-Rabanes in the Consult Liaison service and Dr. Jeremy Heshler in the Addiction Medicine Service. The Morgantown residency has a robust complement of twenty-nine general Psychiatry residents, two fellows in child psychiatry and one fellow in forensic psychiatry. In addition, the state of West Virginia and the Department of Behavioral Medicine and Psychiatry at West Virginia University in Morgantown have announced a joint partnership to build a 28-day residential program for substance abuse treatment in the Morgantown area. This will be the first such facility of its kind in the state of West Virginia and in light of the severe substance abuse problem now pervasive in our state, is certainly a much needed treatment asset.

e. Fellowship Report: The fellowship report was submitted by Dr. Ralph Smith, and noted that there are applications underway for both fellow and distinguished fellow status. Dr. Smith encouraged the attendees to be diligent in the process of applying for fellowship status and distinguished fellowship status as applicable.

f. Membership Report: Dr. Tiffany Sparks gave the membership report for Dr. Bhanot, and the branch noted an increase in membership from 197 members to 200 members. There are 16 new resident–fellow members, 1 member transferred in, 6 transfers out, and 1 new general member. Thirteen members were dropped due to non-payment of dues.

Old Business:
The Mental Health Awareness Month Movie Night was held in May 4, 2017 in South Charleston, sponsored by WVDB, a local hospital behavioral health department, and APA, Inc. There were 20 members and members of the community in attendance. The movie chosen for this year was, “A Beautiful Mind.” After the movie, the opportunity was given to the attendees to stay behind and discuss any questions they might have about the movie or the disorder of schizophrenia. Several attendees did stay to have a discussion with the DB psychiatrists in attendance. Due to the low attendance at this event, at the DB winter meeting on February 3, 2018 the DB members will discuss and determine if we should have this event again for May 2018.

The resident mixer has been a focal point of successful and enjoyable interaction between residents from the 3 psychiatric residency programs in the state. It appears that the timing of the event is crucial, as the prior attempt to have the event on June 3rd was not workable due to only a few RSVP’s being received. The next Resident Mixer is scheduled for September 24, 2017 at Stonewall Jackson Resort. Barbara will be sending out RSVP’s on August 28th to all residents. Barbara and a resident from each of the 3 training programs in WV will explore a workable solution to the scheduling and location selection for future resident events. This will also be discussed at the DB Winter Meeting on February 3, 2018. The APA provided a grant to the DB to conduct each of these events.

New Business:
Discussions were held surrounding setting the date for the next West Virginia District Branch meeting. Saturday, February 3rd 2018 was tentatively selected. This meeting is held simultaneously in Charleston and Morgantown with live videoconferencing.

Barbara Samples, Executive Director, reported that the APA hosts our web site at no charge and she is working with them on improving the WV District Branch’s specific visibility within the APA web site. The new site should go live sometime before the end of 2017 and DB members will be notified. She also reminded members to check the APA’s Member Nation, which allows member to check their dues payments and/or make any changes to their profile information.

Attendees were reminded that the national APA meeting in 2018 will beheld May 5-9, 2018, in New York City.
Assembly Report, November 2017

I attended the November meeting of the APA Assembly. The following report is copied from Assembly Notes composed by Dr. Adam Nelson.

American Psychiatric Excellence Awards luncheon
This year, as an added treat, the Assembly was invited to a luncheon in honor of this year’s recipients of the American Psychiatric Excellence, or APEX, Awards. The APEX Awards were first proposed by Past President Renee Binder, MD. This year’s recipients include Kathryn Farinholt, Executive Director of NAMI Maryland, Representative Jenniffer González-Colón of Puerto Rico, Senator Brian Schatz of Hawaii, Eric Eyre, reporter for the Charleston Gazette-Mail, and Senator Debbie Stabenow of Michigan. More information is available at https://goo.gl/yiqXnU

Report from the APA President — Anita Everett, M.D.
Dr. Everett identifies 3 priorities to be addressed through workgroups she has convened during her term as president of the APA. To support our membership, one workgroup is exploring ways to expand member involvement and access to the APA’s autumn Institute for Psychiatric Services meeting. Another workgroup explores and develops strategies for the state district branches and associations in addressing scope of practice legislation. A second priority is innovation to enhance the practice of psychiatry. Dr. Everett showed a video featuring Robert Graboyes’ comments on the reluctance of medical providers and insurers to embrace innovation. Dr. Everett seeks feedback from Assembly reps and APA members as to their ideas why we psychiatrists seem to have been slow to embrace innovation in our own practices. Finally, Dr. Everett introduced Richard Summers, MD, the chair of the workgroup on physician well-being and burnout.

Dr. Summers presented some of the preliminary recommendations of the workgroup. The “Triple-Aim” of healthcare reform should be reformulated as the “Quadruple Aim”, which should include physician well-being as its 4th leg. Toward this end, healthcare organizational systems must be designed to reflect human needs. For physicians especially, this should include autonomy of practice. The workgroup also recommends developing leaders in healthcare with participative management competency, rather than those without practice experience. Other recommendations include developing social communities, removing sources of frustration and inefficiency, reducing preventable harm and supporting secondary victims, and bolstering individual wellness. Upcoming products from the workgroup include an online portal, toolkits, and advocacy resources. The APA has a website: www.psychiatry.org/wellbeing. Everyone is encouraged try this link, which will give you a self-assessment of your own wellbeing and risk for burnout. The data is being collected without identifying information.

Special Election and Nominations for Speaker-elect and Recorder
The Assembly held a special election for the office of Recorder, formerly won by Steven Daviss, MD last spring. However, Dr. Daviss has resigned to avoid further potential conflict of interest between the APA and SAMHSA, where he has recently been hired. To replace him, 3 candidates were nominated. As a result of today’s vote, Paul O’Leary, MD will be the Assembly Recorder for this year. Regular elections for officers will be held in May 2018. The nominees for office for next year are:
Speaker-elect: Paul O’Leary, MD (Area 5) and C. Deborah Cross, MD (Area 2)
Recorder: Jake Behrens, MD (Area 4), Steve Brown, MD (Area 7) and Seeth Vivek, MD (Area 2)
Report of the CEO/Medical Director of the APA — Saul Levin, MD, MPA
Dr. Levin announced that the APA membership has exceeded the number of members we had in 2002, the last year that PharmA was involved with the APA. APA continues to use TCPI-SAN Grant funds awarded from CMS for training psychiatrists to integrate with primary care providers in Collaborative Care (CC). APA opposes efforts by the Joint Commission to enforce CMS regulations regarding ligature-use risks. As a result of a recent incident involving a patient in restraints, the JC declared all risks will be corrected, but the rollout has been unduly burdensome. APA will participate in a CMS task force in December to improve the implementation process with new guidelines due in 6 months. APA is mobilizing to provide disaster relief for the many affected around the country. These efforts include the Lindemann Disaster Relief Grant and dues relief for psychiatrists whose practices are directly impacted by disasters, as well as APAF efforts to raise funds for the Red Cross (see below). In addition, APA members have created “Crear Con Salud” non-profit to provide supplies and mental health resources to Puerto Rico. APA spoke to members of Congress against the Graham-Cassidy Bill. APA joined with other medical groups – AAFP, AAP, ACP, ACOG, and AOA – calling themselves the “Group of 6”, which eventually helped defeat the bill. APA is also supporting efforts to preserve the ACA and CHIP, both of which face cuts in funding which threaten their continued existence. APA continues to work for MOC reform and to ensure insurers do not limit their network panels to physicians with MOC only. APA participates in a commission to evaluate the MOC process across ABMS boards. Expect a guidance report from the ABMS by 2019. Finally, work continues toward completion of the APA’s new K Street headquarters in Washington, DC.

Report of the APA President-Elect — Altha Stewart, MD
Dr. Stewart addressed the Assembly, offering a summary of her upcoming agenda when she assumes her role as President next year. Among her priorities will be the issue of improving psychiatry workforce numbers and distribution, with an emphasis on increasing diversity of membership and of patients receiving care. Dr. Steward is also concerned about the potential limitations imposed on our ability to provide care by government assaults on healthcare reform and collaborative care. Finally, Dr. Stewart wants to address the needs of our patients by improving policy through practice partnerships of APA, implementing current parity legislation, decreasing health disparities, and promoting recovery through consumer and family engagement.

Presentation of the Speaker’s Award — Theresa Miskimen, MD
Dr. Miskimen presented the Speaker’s Award to Roger Peele, MD. In her speech, Dr. Miskimen touched on the highlights of Dr. Peele’s longstanding work in the Assembly since 1975. She recalled his welcoming manner at their first encounter and his message: Psychiatrists have an ulterior mission to serve our patients and our communities. Dr. Peele has been the most prolific author of Action Papers in the Assembly, including a call for practice guidelines and development of PIP guidelines. Dr. Eliot Sorel added his praise for Dr. Peele as one of the most influential members in the history of the Assembly. In accepting his award, Dr. Peele reminded us that he also proposed a referendum which did not pass, but in which 57% of members who did vote wanted the Assembly to be the governing body of the APA, rather than the BOT.

Report from the APA Foundation - Dan Gillison - Exec Director
Contributions by the Assembly to the APA Foundation this weekend have been nearly $30,000 from 57% of Assembly members. Contributions to the Annual Fund were $16,000, and to Disaster Relief another $11,000. A Saturday evening reception and fundraiser organized by Dr. Batterson for disaster relief raised $6550 alone! The Foundation’s Disaster Relief fund directs contributions to the Red Cross Disaster Services, MH Program, which deploys MH volunteers to affected areas and addresses the psychological impact of trauma and disaster-related events. The Foundation also funds projects involving research, clinical training, mental health awareness, public safety, and grants and fellowships. In the new APA Headquarters APAF will have historical exhibits, an expanded library and reference room, rare book collection, an artifacts exhibit and memorabilia.
Assembly report continued…

Report from the Committee on Assembly Procedures - A. David Axelrad, MD - chair

The committee welcomes input from Assembly members as to how the latest Sturgis Code of Parliamentary Procedure should be implemented in the future. The Association of Women Psychiatrists has applied to become an Assembly Allied Organization/subspecialty or section. The committee is recommending efforts to clearly distinguish between the terms “specialty”, “caucus”, and “section” and their requirements and structures in the Procedures Code of the Assembly (articles V and VI).

APA Position Statements

The following Position Statements were approved on at the Assembly, including:

Retire:
Review of Sentences for Juveniles Serving Lengthy Mandatory Terms of Imprisonment
Psychiatry and Primary Care Integration across the Lifespan

Retain:
* Endorsement of United States Ratification of the Convention of the Rights of the Child
* Use of Jails to Hold Persons Without Criminal Charges Who are Awaiting Civil Psychiatric Hospital Beds
* Psychiatric Services in Jails and Prisons
* Assessing the Risk for Violence
* Firearms Access: Inquiries in Clinical Settings
* Homicide Prevention and Gun Control
* Segregation of Prisoners with Mental Illness
* Remuneration for Psychiatrists’ Time Performing Utilization Review (Endorsement of AMA policy H-385.951)
* Universal Access to Health Care

Proposed:
Human Rights
Human Trafficking
Police Interactions with Persons with Mental Illness
Lengthy Sentences Without Parole for Juveniles
Domestic Violence Against Women
Prevention of Violence

The following Position Statement was rejected by the Assembly:
Revisions to Position Statement: Need to Maintain Long-Term Care Facilities for Certain Individuals with Serious Mental Illness

Action Papers/Items

Among the Actions taken during this session, the Assembly voted to:

• Approve Civil Liability Coverage for District Branch Ethics Investigations by informing DB’s of their liability protection coverages, amending APA Operations Manual to reflect current coverages for DB Ethics Committees investigations, and develop policies and protocols to protect Ethics Committees
• Achieve Congruence between the APA Commentary on Ethics in Practice and the AMA Principles of Medical Ethics Concerning Ethical Obligations of Psychiatrists Making Benefit Determination Decisions, by having the authors of the APA Commentary on Ethics in Practice revise their language to be more consistent with that of the AMA Principles of Medical Ethics, which would apply to ALL psychiatrists, regardless of standing in a benefits organization.
• Recommend Adopting an APA Position Statement Supporting Implementation of the Mental Health Parity and Addiction Equity Act (MHPAEA or parity law) as proposed by the authors of the Action Paper, including details on development, implementation, and oversight of MHSUD treatment coverage by insurers and other third parties. The paper did not pass a vote to forward immediately to the BOT for a vote.
Assembly report continued…

- Approve an Additional Joint Meeting of the Council on Minority Mental Health and Health Disparities and the Assembly Committee of Representatives of Minority/Underrepresented Groups at the September APA Components Meeting (which was also approved by the JRC).
- Have the APA Annual Meeting Scientific Program Committee Address Conflicts of Interest Not Limited to Pharmaceutical Companies.
- Create a Non-Physician Registration Fee for Allied Health Professionals to attend APA Annual Meetings.
- Adopt a proposed Position Statement: Recommending Twelve Weeks of Paid Parental Leave.
- Enact APA Positions: State Medical Board Licensure Queries regarding Mental Health of physicians by enforcing current APA positions opposing such enquiries and gathering and reporting data regarding which licensing boards are or are not in compliance.
- Have APA develop a Position Statement on Recognition of Psychiatric Expertise: Efficiency and Sufficiency in which MOC should not be a requirement for licensure (including interstate compacts), hospital privileges, insurance panels, or employment and to support Self-Assessment CME as a sufficient alternative to MOC for these purposes.
- Reject a Proposal of an APA Member Survey on Medical Aid in Dying as Option for End-of-Life Care.
- Designate Psychiatry as Primary Care for Any Medical School Scholarships Requiring Primary Care Service by advocating for such scholarships at the state and federal level.
- Encourage Medical School Loan Repayment Subsidies for Psychiatrists Practicing in Community Mental Health Centers and State Psychiatric Facilities through state and federal advocacy.
- Advocate for improved patient access to Transitional Care Services Post-Psychiatric Hospitalization through increased federal funding and greater focus in training programs.
- Urge APA to Address the Negative Impact of New Joint Commission and CMS Policies on Ligature Risk on Inpatient Psychiatric Units by delaying implementation until CMS review of the policy is completed.

(Items with a * were approved by consent)

A full summary of all Actions of the Assembly may be found here. Final Action Papers can be found here.

Reports and Next Steps from the Assembly Work Groups/Committees

- **Assembly Committee on Public & Community Psychiatry** - Group members have authored several action papers this session and addressed issues in several groups and caucuses.

- **Assembly Committee on Psychiatric Diagnosis & the DSM** – The Committee urges Assembly representatives to solicit feedback on DSM-5 from constituent DB members.

- **Assembly Committee on Access to Care** – Discussions focused on grassroots organizations and the psychiatrists that serve them. Need to stay alert and aware to issues that affect access: manpower shortages, managed care, immigrant access, and restrictive formularies. NY has developed a hotline to increase access for immigrants.

- **Assembly Committee on Maintenance of Certification** – Committee members authored a successful AP this meeting. The committee is pleased that APA CEO is involved in the issue. The ABPN will roll out an alternative "third pathway" to MOC, beginning in 2019. allow the workgroups to develop the questions to query the development of the guidelines.

I serve as the representative from Area 5 to the Assembly Committee on Access to Care. Please contact me at todickey@gmail.com if you have questions or have an issue that you think can be addressed in an action paper.

Respectfully submitted,
T.O. Dickey, M.D., Assembly Representative
"The definition of insanity is doing the same thing over and over and expecting different results." My eyes came across this familiar quote embedded across one of our rooms as I was furiously completing my clinic notes one afternoon. There were other quotes scattered around but this quote was unique in that there was no author credited with it. In looking up the origin of quote (which some attribute to Einstein, while many others dispute that), I could not help but think that whoever came up with the quote actually meant “psychosis” in lieu of insanity (as the object of the quote was probably not the subject of a legal proceeding). R. Howes wrote an interesting article that began with the same quote and deconstructed it to identify the difference between perseveration and perseverance. The intersection of all this led me to my experience with the COAT program.

I had the distinct privilege as the first resident to rotate through the COAT program of Charleston. The program had been open for a few months already, but this was the first time residents had participated. The experience was moving. The program is small but growing. The patients display various levels of motivation, but all are open and humble about their struggles. In listening to the different groups and the numerous intakes, the common theme among all participants is a constant desire to change things or turn them around. The COAT program here fills that unique niche to act as a stepping stone to help our patients achieve those goals.

As I would share my experience with colleagues in other specialties, I encountered variations of the 3 P’s. Some would label the patients as "psychotic" to think they could change. Other would elude to them just "perseverating" and "going through the motions". While yet others would applaud their "perseverance". This led me to wonder, if psychosis = perseveration = perseverance? Maybe all three are just different stages on the same spectrum. And further, what is our relationship as providers to these 3 P’s? Are psychiatrists delusional (psychotic) to think that we can actually affect change in our patients? Are we just perseverating in our repetitive execution of treatment plans? Or is it a demonstration of perseverance as we advocate for our patients? I suppose only time will tell.

Regardless, I hope that we may all be more “psychotic/perseverating/perseverant” about psychiatry and the patients we serve.

Daniel Cho, MD, PGY-2 Medicine/Psychiatry Resident
WVU Charleston Division

Marshall University

2017 has been another exciting entry into the annals of the Marshall Psychiatry program. The program is now two and a half years old and we have successfully matched our third intern class, a talented group consisting of two Marshall graduates, Erika Maynard and Justin Godby, a graduate of the University of Kentucky College of Medicine, Ruthie Cooper, and a graduate of the West Virginia School of Osteopathic Medicine Tiffany White. Last year’s PGY-2 class has also successfully moved onto the PGY-3 year and has expanded our coverage in the outpatient clinic, nearly doubling the patient population that we are serving in the tri-state area. Our PGY-3 class has also successfully moved onto the PGY-4 year, thereby filling all four years for the first time in our program’s history – a milestone to be sure!

This year has also been tremendous in terms of faculty recruitment. We have recently been very fortunate to welcome Dr. Hillary Porter to our program as a new child-adolescent psychiatrist. Being boarded in both psychiatry and pediatrics, Dr. Porter has been instrumental in providing coverage to the outpatient clinics for each of the departments. We have also been excited to recruit four residents to faculty positions post-graduation. These new members include two of our PGY-2 class members, Dr. Jordan Gaal and Dr. Meredith Bentley, Dr. Adam Schindzielorz from the PGY-3 class and Dr. Scott Murphy, a PGY-4 and our current Chief Resident.

As our overall class and faculty size continues to increase we have also expanded the locations at which we are rotating. We have gained a Marshall designated 10-bed unit at Mildred Mitchell Bateman Hospital here in Huntington. This additional unit now allows for 2 additional residents to rotate at our state hospital.
Resident News continued…

Additionally at the Huntington VA we have fully incorporated a telemedicine rotation for our PGY-3s allowing improved coverage of our veterans’ psychiatric care through an access point at the Parkersburg telemedicine clinic. Overall, this year has been outstanding thus far, and we are greatly looking forward to meeting our four new classmates this coming summer. Until then, our residents will be gearing up for the 2018 annual APA psychiatry poster competition.

Adam Schindzielorz, MD, PGY-3 Resident
Marshall Psychiatry

WVU Morgantown

It has been an exciting year for the residents and faculty at WVU Morgantown. Nationally recognized neuroscientist, Dr. Ali Rezai, has been appointed as the director of the West Virginia University Rockefeller Neuroscience Institute. As director, he will be overseeing clinical research in Neurology, Neurosurgery, and Behavioral Medicine and Psychiatry. Dr Rezai will contribute fresh ideas and groundbreaking research in the areas of the opioid epidemic, Alzheimer’s disease, traumatic brain injury, and other neuropsychiatric conditions.

Per the Rockefeller Neuroscience Institute press release: “Dr. Rezai holds 54 U.S. patents for medical devices and technologies, and his inventions and innovations resulted in the creation of five start-up companies. He has authored 220 scientific publications, and serves on the editorial board of five scientific journals. He is a past president of the Congress of Neurological Surgeons, as well as the past president of the North American Neuromodulation Society and the American Society of Stereotactic and Functional Neurosurgery, and was also named one of the best doctors in America in Castle and Connolly’s Guide to America’s Top Doctors for 16 consecutive years from 2001-2017”.

This year, after successfully matching all seven 1st year spots, we were able to fill both our Child and Adolescent Fellowship positions. Dr. Anuhya Vallabhaneni, a graduate of Mahatma Gandhi Medical College and Research Institute and Dr. Mark Scott, a graduate of Kansas City University of Medicine and Biosciences, will be joining us in July of 2018. We also anticipate matching 2 fellows into our new Addiction Psychiatry Fellowship Program starting July of 2018.

It has also been an exciting year in terms of facilities as we broke ground on the 28-day rehabilitation facility, expected to be up and running by 2019. WVU also announced plans for the Women’s and Children’s Hospital, which will allow integration of Behavioral Medicine and Psychiatry into various other facilities within the WVU Medicine network.

The department and the residents have been very active in research. The department was recently granted FDA approval for use of TMS (transmagnetic stimulation) in opioid addiction patients. Our Chief resident Dr. Ebony Dix matched into Geriatric fellowship at Yale University starting in July of 2018. We also had a 100% boards pass rate for our most recent graduates. Residents involved in ketamine research for the treatment of resistant depression will be completing the project and possibly publishing data in the coming year with intent to present at a national conference. Overall, it has been an exciting year for both faculty and residents and we are looking forward to the changes and the new opportunities that will arise in the upcoming year.

Jawad Zafar D.O
Chief Resident in Psychiatry, PGY4
WVU SOM Department of Behavioral Medicine and Psychiatry

APA Resident Resources

A Resident’s Guide to Surviving Psychiatry Training, 3rd Edition – written by residents and fellows, for residents and fellows, to help you with the day-to-day challenges of training. The Guide offers practical advice on more than 50 topics - ranging from surviving on call and writing effective notes, to subspecialty training and negotiating for your first job.

American Journal of Psychiatry Residents’ Journal –published monthly and serves as a forum for psychiatry residents and fellows to share ideas and experiences in training, clinical practice, research, and careers with colleagues.

These valuable resources can be found on the APA website www.psychiatry.org under Residents.
APA NEWS

The APA has moved into their new headquarters at the Wharf. Please make note of the new address:

800 Main Avenue, S.W., Suite 900
Washington, DC 20024

The toll free number will remain the same 888-357-7924

APA ANNUAL MEETING MAY 5-9, 2018, NEW YORK CITY

APA”s Annual Meeting is the premier psychiatry event of the year. With over 450 educational sessions and courses, there is no better event to help you expand your knowledge, network, and meet certification and licensure requirements. By attending the annual meeting you will:

Learn from renowned psychiatry thought-leaders
Complete your annual license CME credit at one meeting
Discover innovative treatment options and new technologies
Connect with your colleagues from around the US and 50+ other countries.

Registration is now open https://www.psychiatry.org/psychiatrists/meetings/annual-meeting/registration
Early bird registration ends February 6, 2018. Be sure and reserve your hotel room since the headquarter hotels always fill fast in New York.

Please click the link below for the preliminary meeting guide.
https://www.psychiatry.org/psychiatrists/meetings/annual-meeting/guide

DUES RENEWAL

If you have not renewed your dues for 2018, please do so right away using one of the following methods.
1. Online at my.psychiatry.org
2. By phone at 1-888-357-7924
3. Via fax at 703-907-1085
4. Pay in installments through the Scheduled Payment Plan – apapsy.ch/spp

APA Offers Online Courses on Military Psychiatry

APA is offering five online courses at no cost to members that are designed for psychiatrists who treat and interact with members of the military, veterans, and their families. The courses were created in collaboration with the Society of Uniformed Service Psychiatrists. The topics include disaster mental health, assessment of access to weapons, resiliency of military children and families, and suicide in the military. A course on pathophysiology, treatment, and military aspects of PTSD will be available soon. If you’d like to honor military service or recognize a colleague or patient for their service, please consider a tax-deductible gift to the APA Foundation in his or her honor. The APA Foundation is celebrating its 25th anniversary, and every donation works toward achieving the goal of a mentally healthy nation. To learn more and to donate visit www.americanpsychiatricfoundation.org/donate.

APAeducation.org is the online home for continuing medical education (CME) program. Courses include practice guidelines; performance in practice modules; eFOCUS clinical vignettes; buprenorphine training; addiction psychiatry webinar series; self-paced, online examination companions to American Psychiatric Publishing Textbooks, and much more. Update your CME transcript through the APA CME Tracker.
WELCOME NEW/REINSTATED MEMBERS

New Members: Samira Khan, MD (Morgantown); John Kasckow, MD (Daniels); Tahria Masood, MD (Huntington)

New Resident Members: Morgantown: Michael Nickasch, MD; Max Randall, MD; Suliman Mansour, MD; Carrie Andrews, MD; Danielle Guinan, MD; Ernest Spiotto, MD; Daniel Leonor, MD; Huntington: Tiffany White, DO; Ruthie Cooper, MD; Erika Maynard, MD; Justin Godby, MD; Charleston: Jason Barrett, MD; Sushma Kosaraju, MD; Aatif Mansoor, MD; Mounika Pedagandham, MD; Paige Vargo, MD

Transfers: Rajesh Mehta, MD, Charleston (from Connecticut)

Reinstated members: Brandon Lilly, MD (Huntington); Kevin Junkins, MD (Morgantown); Sheena Dohar, MD (Morgantown)

Congratulations to Dr. David Humphreys on becoming a Distinguished Fellow of the APA. In addition, congratulations to the following members for becoming a Fellow in the APA: Dr. Tiffany Sparks; Dr. Muhammad Muzaffar; Dr. Nihit Gupta, and Dr. Venkata Chivukula

In Memory of Dr. Mohammad K. Hasan

Dr. M. K. Hasan peacefully passed away on October 26, 2017 at his home in Beckley. He was past president of the WV Psychiatric Society and served on numerous state and national committees and took on many leadership positions to help improve healthcare in Southern WV. He established his private practice, Raleigh Psychiatric Services, in 1977 and continued in this practice throughout his life. In addition to practicing general psychiatry he was also boarded in the subspecialties of addiction and geriatric psychiatry.

His involvement in patient care, local politics, and public health made a significant and lasting impact on this region. He was beloved and respected by his family, friends, and colleagues for a life defined by deep intelligence, compassion and integrity. His career and devotion to his patients and community reflected a passion for caring and helping others. He is survived by his wife, children, and grandchildren. If anyone wishes to make a donation in his memory, you may send it to the WVU Foundation, P O Box 1650, Morgantown, WV 25607.

Upcoming Events...

APA Annual Meeting, May 5-9, 2018, New York City
WV District Branch Summer Meeting, August 25, 2018, The Greenbrier
Virginia Psychiatric Society 2018 Spring Meeting, March 9-10, Hilton Richmond Downtown

New DB website address: Please note that the District Branch website address has changed to the following: https://wv.psychiatry.org/ If you have ideas for website content please contact Barbara Samples the Executive Director.

West Virginia Psychiatric Association
4754 Fire Creek Road
Cross Lanes, WV 25313
304-776-5067
wvdbpsych@frontier.com
https://wv.psychiatry.org/