Greetings and Happy Summer to the West Virginia District Branch and all it’s Members!

For those of you who were unable to attend the February District Branch Meeting we had 3 wonderful presentations by our resident physicians. Thank you to Dr. Schyler Kidd (WVU Charleston) who presented on “Dysphoric Milk Ejection Reflux”, Dr. Mathew Lemberger (Marshall University) who did a case presentation on “Psychosis and Suicidal Ideation in a College Student”, and Dr. Daniel Leonor (WVU Morgantown) who spoke on “A Case Presentation of Psychosis in a Patient with Severe Neurological Deficits”.

We also want to celebrate and recognize our new WV District Branch officers for the 2021-2023 term:
- President: Lauren Swager, MD
- President-Elect: Michael Hackman, MD
- Secretary: Walter Byrd, MD
- Treasurer: Jeffrey Priddy, MD
- Assembly Representatives: T. O. Dickey, MD and Jorge Cortina, MD
- Fellowship Chair: Kelly Melvin, MD
- Resident Representatives: Mallory Morris, MD; Rebekkah Brown, DO and Molly Robinson, MD

This year our summer meeting will once again be virtual over ZOOM on Friday August 20, 2021. We are anticipating a presentation from the WV Certified Tobacco Treatment Program on Nicotine Use Disorders focused on psychopharmacology and motivational interviewing treatments in Psychiatric Patients who use cigarettes, smokeless tobacco or vape. We are planning on continuing the very popular resident TED talks and will continue to have a virtual prize give away with some trivia. CME will be awarded for those in attendance and the business meeting will follow the educational portion.

I want to thank Barbara Samples our Executive Director for all her hard work and to all our WV Psychiatrists who have continued to provide mental health care to patients across the state through the trials and tribulations of a year of COVID. Here’s to health and the opportunities and growth for our professional futures as we start to emerge again in our post-COVID world and continue to service the mental health needs that have emerged from this pandemic.

I hope to see everyone virtually on August 20th for our Summer meeting and looking forward to serving as your president this year!

Lauren Swager, MD, President
WEST VIRGINIA DISTRICT BRANCH OF THE
AMERICAN PSYCHIATRIC ASSOCIATION
VIRTUAL SUMMER MEETING
AUGUST 20, 2021

AGENDA

10:45 – 11:00 am  Welcome/Announcements – Dr. Lauren Swager

“Smoking, Smokeless, and Vape: Managing and Treating Nicotine Use in Patients with Comorbid Psychiatric Disorders”

11:00 – 1:30 pm  Speakers: Lauren Swager, MD, NCTTP
                 Evan Morgan, MD, NCTTP
                 Susan Morgan, DDS, NCTTP
                 M. Suann Gaydos, MSDH, NCTTP

1:30 - 1:45 pm  Break

1:45 – 3:15 pm  TED Talk (A Resident from each WV psychiatry training program)

3:15 – 4:30 pm  Business Meeting

Please RSVP by August 16, 2021 to Barbara Samples, wvdbpsych@frontier.com or 304-776-5067
You must RSVP in order to obtain the Zoom link to join the meeting

Sponsored in part by: APA, Inc. and PRMS
Disclosure
It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician’s Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship (i.e. spouses/partners, grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. Faculty relationships with industry, if any, will be made available on-site and disclosure made from the podium to the participants.

Accreditation: In support of improving patient care, this activity has been planned and implemented by The West Virginia Psychiatric Association and CAMC Health Education and Research Institute. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Physicians- CAMC Health Education and Research Institute is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. CAMC Institute designates this live activity for a maximum of 2.5 hours for AMA PRA Category I credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NEW DISTRICT BRANCH OFFICERS

Congratulations to the following District Branch Officers for 2021-2023:

President: Lauren Swager, MD
President Elect: Michael Hackman, MD
Treasurer: Jeffrey Priddy, MD
Secretary: Walter Byrd, MD
Assembly Representatives: Jorge Cortina, MD and T. O. Dickey, MD
Fellowship Chair: Kelly Melvin, MD
Resident-Fellow Representatives: Mallory Morris, MD; Rebekkah Brown, DO; Molly Robinson, DO

West Virginia Psychiatric Association District Branch
Virtual Winter Meeting Minutes
February 5, 2021

Attendees: Clare Bajamundi, MD; Veena Bhanot, MD; Adina Bowe, , MD; Walter Byrd, MD; Dilip Chandran, MD; Steve Corder, MD; Jorge Cortina, MD; T O Dickey, MD; Daniel Elswick, MD; Ahmed Faheem, MD; Kenneth Fink, MD; Jordan Gaal, DO; Michael Hackman, MD; Suzanne Holroyd, MD; David Humphreys, MD; Martin Kommor, MD; Kelly Melvin, MD; Jeffrey Priddy, MD; Krista Rhodes, MD; Adam Schindzielorz, MD; Ralph Smith, Jr., MD; Tiffany Sparks, MD; Cal Sumner, MD; Lauren Swager, MD; Joel Vogt, MD
Residents: Majd Alsayed, MD; Meenal Balakrishnan, MD; Jason Barrett, MD; Rebekkah Brown, DO; Lauren Burton, MD; Sarah Chowdhury, MD; Amanda Durazo, MD; David Faro, MD; Rupi Grewal, MD; Edward Hamrick, MD; John Hendaleman, MD; Sara Henley, MD; Schyler Kidd, DO; Sushma Kosaraju, MD; Mathew Lemberger, MD; Camille Leon, MD; Daniel Leonor, MD; David Lewis, MD; Ruosi Liu, MD; Sunny Mattancheril, MD; Lauren Mayle, MD; Seth Moomaw, MD; Rachel Moreland, MD; Mallory Morris, MD; Mona Moshsin, MD; Michael Nickasch, MD; Jeffrey Niles, DO; Salwa Nubani, MD;
February 5th meeting minutes continued...

Joy Parks, MD; Vishal Patel, MD; Melanie Peterson, MD; Paige Pierce, MD; Sara Reed, MD; Molly Robinson, DO; Simratdeep Sandhu, MD; Ernest Spiotto, MD; Alfred Tager, MD; Tenchee Lama Tamang, MD; Anuhy Vallabhaneni, MD; Dorothy vanOppen, MD

Guests: Erin Philip, Director APA Government Relations; Marsi Thrash, Regional Director, APA Government Relations.; Executive Director: Barbara A. Samples, BA

1. The Winter Meeting of the West Virginia District Branch of the American Psychiatric Association was called to order by the current president of the WVDB, Dr. Tiffany Sparks, at 12:00 p.m. The meeting was held by Zoom meeting format secondary to the ongoing pandemic restrictions. Dr. Sparks reported a record number of members had signed up for the meeting. (68) She thanked APA, Inc. and PRMS for their contribution to our meeting.

2. Dr. Sparks welcomed all members in attendance, and introduced the three speakers giving the scientific presentations, Drs. Lemberger, Kidd, and Leonor. All the speakers are current psychiatric residents from the three psychiatric residency programs in the State of West Virginia.
   a. “Psychosis and Suicidal Ideation in a College Student” was presented by Mathew Lemberger, MD, psychiatric resident at Marshall University.
   b. “Dysphoric Milk Ejection Reflux: Case Presentation Discussing What it is, How it is Treated, and Why It is Important.” was presented by Schyler Kidd, DO, psychiatric resident at WVU Charleston.
   c. “A Case of Psychosis in a Patient with Severe Neurologic Deficits” was presented by Daniel Leonor, MD, WVU Morgantown.

The three scientific presentations concluded at 3:15 p.m. After a 15 minute break, Dr. Sparks displayed the trivia question to members. The business meeting of the West Virginia Psychiatric Association was called to order at 3:30 p.m.

President’s Report
Dr. Sparks gave the President’s report. This is her last meeting as DB President and she thanked everyone for the opportunity to serve in this capacity. In the last several months the DB sent letters to the WV Governor and Legislators, working with the APA, regarding continuing telehealth at the same rate for audio visits and to oppose changes in the duration of J1 Visa holders.

Secretary’s Report
The Secretary’s report was given by Dr. Byrd, reviewing the minutes as taken at the August 21, 2020 WVDB meeting. The minutes were discussed and approved as read by vote of the members present.

Treasurer’s Report
The Treasurer’s report was given by Dr. Priddy, and he reviewed the current balances in the WVDB bank accounts, the anticipated expenses and outflow, the current status of deposits and indicated the CD renews annually. The Treasurer’s report was approved as presented to the members present.

Assembly Report
The Assembly report was given by Dr. T.O. Dickey and Dr. Jorge Cortina. Dr. Cortina’s action paper that passed at the Assembly level addressed seclusion and restraint guidelines. There was a letter forwarded from the Assembly to the National APA’s Patient's Safety Committee for further review. The Area 5 Council meeting was scheduled and will occur in 2 components, March 8 and March 20, 2021, again via virtual Zoom based format. The next Assembly meeting will occur April 24-25. Dr. Brian McClung is the current speaker of the Assembly, but due to health issues, Dr. Mary Jo Fitzgerald, the speaker-elect, is now presiding over the Assembly. The American Psychiatric Association will hold its annual meeting, to be conducted virtually, May 1-3, 2021.
**Resident's Report**

The Resident’s reports were given individually by residents representing the three psychiatric residency training programs in the State.

a. **Dr. Molly Robinson**, resident from the WVU Morgantown program, discussed the Rural Psychiatric Tract that is now under way through cooperation with the United Summit Center, which has now been fully integrated as a component of the WVU Medicine family. Dr. Robinson enumerated several new members joining the WVU Morgantown faculty of the Psychology department, the Social Work department and also the Neuropsychiatric Testing service. The Rockefeller Neuropsychiatric Institute (RNI) is proceeding actively with several research tracks, including biometric technological devices for monitoring of neuro biologic functioning possibly able to predict the onset of COVID-19 viral exposure up to three days prior to symptoms actually presenting. Also Deep Brain Stimulation is being utilized to address substance abuse as an emerging research focus at the RNI. Focused ultrasound to target blood-brain barrier dysfunction is underway as an additional research project through the RNI. Dr. James Berry, Chair of the WVU Morgantown Department of Psychiatry, and Dr. Erin Winstanley have recently been instrumental in the formulation and implementation of specialized response programs for patients in the Medically Assisted Treatment of Opiate addiction that have been directly impacted by the COVID-19 crisis.

b. **Dr. Molly Morris**, resident from the Marshall residency program, highlighted the increased utilization of tele Psychiatry in the Marshall program to enhance the capacity of the program to provide psychiatric services to a growing array of consumer institutions in the Marshall/Huntington area including Mildred Bateman State Hospital. Additionally, Marshall is continuing with the expanding Child and Adolescent Fellowship, expanded child foster program, and several graduating residents from the Marshall program have elected to stay on as faculty members. Dr. Clare Bajamundi will be joining the staff once her fellowship is completed.

c. **Dr. Rebekkah Brown**, resident from the WVU Charleston psychiatric resident program indicated the new Chief Residents would be Dr. Mansoor and Dr. Brown. Dr. Jason Barrett has been accepted for a forensic fellowship followed by an addiction fellowship. Dr. Faro will be giving a presentation at the National APA. A new Neuropsychologist has joined the WVU Charleston faculty. There has been active interest generated by the several presentations (4 from Behavioral Medicine) planned for the Research Day at the WVU Charleston campus in March. The Transcranial Magnetic Stimulation service is beginning to take referrals at this point, and the ECT service has been running at a growing capacity. There will be a new inpatient Child Psychiatry rotation beginning as a collaborative effort between WVU Charleston and Highland Hospital in Charleston. Dr. Sara Henley will be joining the staff once she completes her residency training in June. The Eating Disorders Conference will be held virtually March 17-18, 2021.

**Legislative Report**

The initial portion of the report was given by Dr. T.O. Dickey and Dr. Faheem. There was active discussion regarding such subjects at the WVU State Department of Commerce establishing an Office of Broadband Telehealth and its potential impact of the delivery of psychiatric services in West Virginia. Also there were concerns regarding ill-advised suggestions in certain areas of the Legislature that lowering the medical licensure standards for physicians seeking to practice in West Virginia could serve to increase the number of available physicians treating the public. Discussions were held regarding the prospect of maintenance of certification (MOA) with the ABPN be linked to medical license renewal, and this was not supported in the discussions. Additionally, Dr. Faheem indicated that there had not been any new efforts by lobbying groups to push forward with allowing prescribing privileges by psychologists in West Virginia. Dr. Faheem encouraged members to become involved and to get to know their Legislators. Marsi Thrash, APA Senior Regional Director State Government Affairs, gave the 2020 recap of WV Legislative bills and advocacy updates.
The report was well received, detailed and very helpful. Ms. Thrash mentioned that access to the State Capitol would be by appointment only for the legislative session slated to run from February 10 to April 10, 2021. She reported that members should have received an email entitled “action alert” which will be sent to WV Legislators to inform them of physicians in their districts. Erin Philip, Director APA State Government Affairs discussed MOC indicating that 14 states have passed some form of MOC legislation. If our DB is interested in language for model legislation, Erin will be happy to provide that information. The APA continues to look at ways to address MOC and the APA Board will be discussing it at their meeting in March.

**Ethics Report.**
There were no new submissions of any ethical violation complaints to report.

**Fellowship Chair Report**
Dr. Ralph Smith reviewed in some detail the requirements for submission of applications as a Fellow in the American Psychiatric Association, as well as the requirements for submission of application for Distinguished Fellow in the American Psychiatric Association. Dr. Smith indicated that in the upcoming year Dr. Kelly Melvin would be assuming the role as fellowship chair. Barbara Samples, DB executive director, indicated that the DB would be receiving a list of members eligible for Fellow and District Fellowship in mid-February.

**Membership Report**
Dr. Bhanot had compiled the Membership Report and it was presented by Dr. Sparks.

- **Total membership:** 184.
- **New members:** Dilip Chandran, MD, Daniel Leonor, MD, both of Morgantown.
- **Reinstated Members:** Melissa Moody MD, Dr. Hani Nazha, and Dr. Paige Pierce, (resident) from Charleston.
- **Members Transferring out of West Virginia:** Dr. Barman, Dr. Campo, Dr. Golf, Dr. Miriyala, and Dr. Mehta.
- **Resignations:** Pamela Sullivan, MD and John Vanin, MD, both of Morgantown.

**New Business:**

**Nominating Committee Report:**
Lauren Swager, MD, WVDB President Elect and Chair of the Nominating Committee submitted the slate of officers for 2021-2023. The ballot will be sent to members on March 18, 2021 and must be returned to the executive director by April 22, 2021.

- **President:** Lauren Swager, MD
- **President-elect:** Michael Hackman, MD
- **Secretary:** Walter Byrd, MD
- **Treasurer:** Jeff Priddy, MD
- **Assembly Representatives** (2 positions): T.O. Dickey, MD and Dr. Jorge Cortina
- **Resident-fellow Representative:** Mallory Morris, MD
- **Resident-fellow Deputy Representatives:** Rebecca Brown, DO and Molly Robinson, DO

Dr. Swager thanked Dr. Sparks for her years of service as President of the DB and thanked Barbara Samples, Executive Director, for all of her hard work on the meeting and for always getting information out to the members.

Drs. Schindzielorz, Melvin, and Holroyd reported that *Psychiatric News Magazine* had published an article utilizing input from them regarding aspects of rural healthcare delivery and improving Integrated psychiatric care across a spectrum of treatment.
February 5th meeting minutes continued...

Barbara Samples, Executive Director, reported that the virtual Resident Trivia Night held on December 3, 2020 was well attended with 17 participants and everyone had a wonderful time.

Next WV Psychiatric Association meeting (Summer)
The Summer Meeting of the West Virginia District Branch is scheduled for Friday, August 20, 2021. It has yet to be determined whether the West Virginia State Medical Association will have its usual in-person Healthcare Summit at the Greenbrier Resort, or if the Healthcare Summit will be conducted virtually. It was decided by the WVDB membership that by May 1st, a determination would be made as to whether the August 20th West Virginia District Branch meeting will be held in person at the Greenbrier or virtually via Zoom.

The national American Psychiatric Association Annual Meeting will be held virtually on May 1-3, 2021.

The final item of business was the drawing of the trivia prize winter, and Dr. Cal Sumner was the winner!

The business meeting was adjourned at 4:30 p.m. by Dr. Tiffany Sparks, President of the WVDB.

Respectfully submitted,
Walter Byrd, MD, Secretary

ASSEMBLY REPORT APRIL 2021

This digest of events summarizes the business conducted by the APA Assembly during the April virtual meeting held via Zoom. Any errors or omissions should be considered unintentional. Corrections and suggestions may be sent to James A. Polo, M.D.

Speaker-Elect’s (Acting Speaker) Welcome — Mary Jo Fitz-Gerald, MD
Dr. Mary Jo Fitz-Gerald, MD welcomed everyone to the 94th Meeting of the APA Assembly. She noted that this was the second Assembly Meeting being held in a virtual format, given the continuing recommended social gathering restrictions related to the COVID-19 pandemic. She highlighted that officer reports during the plenary sessions would be abbreviated to allow for maximal time for Assembly business. (Key issues addressed in the Speaker-Elect’s full report as Acting Speaker included: the COVID-19 Pandemic, structural racism, mental health legislation, APA budget, MOC, and APA governance.) She then led the Assembly to observe a moment of silence for Dr. Joseph C. Napoli, MD, who passed away just 2 weeks prior to the meeting while still serving as our Assembly Speaker.

Report of Recorder (Acting Speaker-Elect) — Adam Nelson, MD
Dr. Adam Nelson, MD declared that sufficient members were present in the virtual Assembly Meeting to constitute a quorum. Minutes & Summary of Actions from November 2020 were approved by the Assembly. He welcomed new members to the Assembly and invited guests to the April 2021 meeting. He also reviewed Voting Strength for the April 2021 meeting and for the subsequent year (Nov 2021 – Apr 2022). He referenced reports from the Assembly Executive Committee which can be found in the full Assembly Packet.

Report of the Rules Committee — Paul J. O’Leary, MD, Chair
Paul J. O’Leary, MD (chair of the Rules Committee) presented the Special Rules of the Assembly for approval which were accepted. As Chair of the Nominating Committee, he announced the newly elected Assembly Officers. The new Speaker-elect (by acclamation) will be Dr. Adam Nelson, MD (Northern California Psychiatric Society, Area 6). The new Recorder (by majority vote) will be Dr. Vasilis (Bill) K. Pozios, MD (Michigan Psychiatric Society, Area 4).
Assembly report continued...

APA Position Statements
The following Position Statements were approved by the Assembly: (by consent, unless noted)
Proposed Position Statement: Recognizing Childhood Trauma in the Setting of the COVID-19 Pandemic and Race-Related Challenges to Human Rights
Revised Position Statement: Substance Use Disorders Among Older Adults (through vote by strength)
Retired Position Statement: Active Treatment
Proposed Position Statement: Interstate Licensure for Telepsychiatry (through vote by strength)
Proposed Position Statement: Racism and Racial Discrimination in the Psychiatric Workplace
Proposed Position Statement: Orchietomy or Treatment with Anti-Androgen Medications as a Condition of Release from Incarceration
Revised Position Statement: Psychiatric Services in Adult Correctional Facilities
Retained Position Statement: Publication of Findings from Clinical Trials
Retained Position Statement: Use of Animals in Research
Proposed Position Statement: Ongoing Need to Monitor and Assess the Public Health and Safety Consequences of Legalizing Cannabis
Proposed Position Statement: Moral Injury Among Healthcare Workers During the COVID-19 Pandemic
Proposed Position Statement: The Role of Psychiatry in HIV
Revised Position Statement: Core Principles for Alternative Payment Models for Behavioral Health
Retired Position Statement: Principles for Health Care Reform for Psychiatry
Retired Position Statement: Position Statement on Universal Access to Care
Proposed Position Statement: Medical Supervision of Psychiatry Residents and Fellows
Proposed Position Statement: Condemning Rise of White Supremacist Violence
Proposed Position Statement: Communicating with the Public during Public Health Emergencies

NOTE: The Assembly did not approve retirement of the Position Statement on Health Care, effectively retaining it. The Assembly felt that Health Care (inclusive of Mental Health Care) as a human right was important enough that it should remain as a stand-alone position, despite inclusion in the Position Statement on Universal Health Care in the United States which was previously approved by the Assembly in April 2020 and the BOT in July 2020. Although redundant from an administrative perspective, it was felt that this emphasizes its importance.

Assembly Action Papers
Action Papers approved during this meeting included:
✓ 12A – Psychiatric Care is Not a Consumer Product nor Subject to Online Consumer Reviews
✓ 12E – Tracking the Numbers of Active Psychiatric Practitioners of Various Disciplines
✓ 12F – Eliminating Mandated Possession of Less Lethal Weapons by Physicians Employed by Law Enforcement Agencies
✓ 12G – American Psychiatric Association (APA) Position Statement on Transcranial Magnetic Stimulation (TMS)
✓ 12H – Task Force for Development of an Appropriate APA Component on Neuromodulation
✓ 12I – Addressing Bias and Capacity for Law Enforcement Personnel
✓ 12J – Addressing Bias in Law Enforcement Personnel and Correctional Staff
✓ 12K – Addressing Structural Racism in the APA Through District Branch Recognition
✓ 12N – Addressing Structural Racism in the APA Through Public Outreach
✓ 12P – Establishment of a 45-day Period Prior to Closure of Action Papers

Items from the DSM Steering Committee
The following items were approved:
✓ 10.B.1 – Elimination of extraneous specifiers in Persistent Depressive Disorder
✓ 10.B.2 – Changes in the text of the specifiers for Bipolar and Depressive Disorders
✓ 10.B.3 – Addition of Olfactory Reference Disorder (Olfactory Reference Syndrome)
✓ 10.B.5 – Correction of the error (use of the word “partner”) in example #4 in Other Specified Schizophrenia Spectrum or Other Psychotic Disorder
✓ 10.B.6 – Proposal to reconcile discordant versions of Criterion A (symptomatic criterion) in Substance/Medication-induced Bipolar and Related Disorder due to Another Medical Condition
Report on APA Finances – Kevin Madden, CFO, APA
Kevin Madden, CFO for the APA provided a high-level overview of the APA’s financial position which continues to be strong. Although actual performance indicated a total Net Loss of $1.3M for 2020, this was far better than was expected given the confluence of the COVID-19 pandemic. The greatest loss of revenue occurred as a result of canceling the April 2020 Annual APA Meeting. This was somewhat offset by strong publishing results which was over budget. The APA’s Net Investment Return was also higher than expected, with unrestricted Net Assets increasing by $8.5M over 2019.

Report of the APA President – Dr. Jeffrey Geller, MD
Dr. Jeffrey Geller, MD who will relinquish the role of President at the conclusion of the 2021 Annual Meeting was provided limited time to address the Assembly. The theme of his presidency focused on diversity and inclusion through the creation of a Presidential Task Force to Address Structural Racism throughout Psychiatry. Despite the COVID-19 Pandemic which forced all work to be conducted in a virtual environment, multiple workgroups and workstreams contributed efforts to complete a comprehensive and transparent internal assessment of the APA. While much of that effort focused on identifying actionable items for change and led to the apology letter issued by the Board of Trustees in January (APA Apology), additional work will be needed for many years to come. This year’s annual meeting highlights our complex journey to eliminate disparities and achieve equity with its theme, “Finding Equity Through Advances in Mind & Brain in Unsettled Times”.

Report of the APA CEO/CMO – Dr. Saul Levin, MD
Dr. Saul Levin, MD provided a summary of his CEO/CMO Report. The 4 key issues included:

1. APA Communications – Media engagement for 2020 was greater than any previous year with 16.5% of those occurring through major national outlets. Of note, the APA’s Apology became the most viewed media post of the past 5 years with almost 75,000 pageviews since posting.
2. Membership – The APA’s membership count was down by 3.6% for a total of 37,420 members. A decline was anticipated, as renewal pace slowed in March 2020 in conjunction with the pandemic.
3. APA Publishing - This year proved to be challenging for the publishing industry as channels of distribution were disrupted, and hardcopy sales associated with meetings and conferences dipped. Demand for online material remained strong, as well as sales for hardcopy DSM-5. Total net revenue was still $2M.
4. MOC (Maintenance of Certification) – Active discourse continues between the APA and ABPN to address key concerns with respect to MOC. Key concerns raised by the Assembly were conveyed to the ABPN to include that the APA will be acknowledging the National Board of Physicians and Surgeons (NBPAS) as a potential alternative board for APA members who need to participate in MOC. Additionally, the APA will be conducting a feasibility study of establishing its own board for both initial and ongoing certification.

Report from the Assembly Awards Committee – Dr. James R. Batterson, MD, Chair
Dr. James R. Batterson, MD announced the winners of this year’s Assembly Awards. They were:

➢ Ronald A. Shellow Award – Established in 2004 in honor of Ronald A. Shellow, M.D., past Speaker of the Assembly, this award recognizes departing members of the Assembly who have served the Assembly far beyond the general standards of service shown by most members of the Assembly. This year’s recipient was Dr. Eliot Sorel, MD (Area 3).
➢ Assembly Award for Excellence in Service and Advocacy – Established in 2011, this award recognizes activities by women that promote mental health and reduce stigma related to psychiatric illness, particularly on behalf of women and members of disadvantaged population groups. This year’s recipient was Dr. Pamela Montano Arteaga, MD.
➢ Profile of Courage Award – this award recognizes an APA member who has, at risk to her/his professional and personal status, taken an ethical stand against intimidating pressure for the good of patient care and in keeping with APA Principles of Ethics. This year’s recipient was Dr. Mohammad Y. Abu-Salha, MD.
➢ Best Practice Award (Small District Branch) – Maine Association of Psychiatric Physicians (COVID Response)
➢ Best Practice Award (Large District Branch) – North Carolina Psychiatric Association (Emergency & Preparedness)
➢ Award for the Area Council with the Highest Percentage of Voting – Area 1 (22%)
➢ Award for the District Branch with the Highest Percentage of Voting: WA State Psychiatric Association (47%).
Assembly report continued…

Comments from the President-elect – Dr. Vivian B. Pender, MD

Dr. Vivian B. Pender, MD who will assume the role of President at the conclusion of the 2021 Annual Meeting was provided limited time to address the Assembly. She highlighted that as the COVID-19 Pandemic subsides, we cannot return to the 'normal' that was left behind. She noted that the COVID-19 Pandemic exposed multiple challenges that threaten the health and well-being of all society. To that end, she reiterated that she will focus her Presidency on addressing these challenges through the creation of a Presidential Task Force on the Social Determinants of Mental Health. She briefly outlined the four broad areas (social, economic, environmental, and political) that ultimately have the greatest adverse impact on mental health. As experts in mental health and mental illness, our efforts will be focused through the lenses of population health and systems of care. The goal is to, “educate psychiatrists, the private sector, and the government and advocate for solutions.”

Commendations

Many thanks to Drs. William Greenberg, Leslie Gise, Eugene Lee, and Nazanin Silver who presented a tribute in Memoriam for Dr. Napoli at the beginning of our Assembly Meeting, and those who remained online after the meeting to offer respects.

Next Assembly Meeting

November 5 – November 7, 2021 (scheduled to be virtual)

Respectfully submitted by Dr. T O. Dickey and Dr. Jorge Cortina, APA Assembly Representatives

RESIDENT NEWS

WVU Morgantown

Many like to say that this year has been unlike any other; that the burden placed on the shoulders of our healthcare workers has never been heavier, and that our efforts have never been more appreciated. WVU Psychiatry is no stranger to the changes COVID has inflicted upon healthcare and the world at large, and yet has risen to the challenge of this last year in novel and remarkable ways, the benefits of which will last long into the future.

From struggling to transition our patients to virtual visits to flawlessly utilizing Zoom and MyChart apps to connect with patients and colleagues, from scouring for masks to being blessed with a near endless (and multicolored) array available to us, from worrying about our colleagues, patients, and families to becoming fully vaccinated, we look back on this year with a sense of pride, determination, and a readiness to face a new year that looks much better than the one that has passed.

We are happy to report that the vast majority of staff at WVU Psychiatry have received their second vaccination, and we are beginning to offer inpatients the option to receive a COVID vaccine as well. Our outpatient services have transitioned back to in-person visits, while still retaining virtual options for those unable to attend appointments at our clinic, allowing us to reach those in the most remote corners of West Virginia. We also eagerly anticipate the official opening of our new Children’s Hospital in the coming year.

We are excited to welcome eight interns to our ranks, whose adaptability and enthusiasm for our Zoom interviews and virtual tours cannot be underappreciated. We also congratulate two new chief residents, Edward Hamrick and Melanie Peterson, and we warmly welcome Dorothy Van Oppen back to her chief role this year.

With that said, WVU Psychiatry also congratulates our recent graduates Daniel Leonor, Ernest Spiotto, and Michael Nickasch for all the hard work they have done both throughout their residency and particularly during this extraordinarily difficult year, always rising to the challenge and offering support to their colleagues with a joke or two thrown in. We wish the best of luck to Sara Chowdhury, who will be leaving us to start a Child and Adolescent fellowship in Stanford. We also congratulate Ramez Altwijri for completing his Addiction Psychiatry fellowship, as well as Anuhy Vallabhaneni, Steven Deci, and Rawan Alshaikh on their completion of our child and adolescent psychiatry fellowship. We are also pleased to announce that Dr. Deci will be joining our Child and Adolescent Psychiatry department in July.
Resident News continued…

While the last year has seen many changes, what has not changed has been the spirit, camaraderie, and resilience required to meet the ever-changing demands of healthcare. In many ways the last year has served to bring out the strengths inherent to the WVU Psychiatry department, and it is with this same determination that we turn our attention to a new and healthier year.

Molly Robinson, MD, WVU Morgantown, PGY-3 Psychiatry Resident

WVU Charleston

What an exciting year this has been for CAMC/WVU Charleston Division! We are sad to see our graduating residents leave, but wish them well on their next adventures. Dr. Jason Barrett will be starting his forensic psychiatry fellowship at the University of Cincinnati while Dr. Sushma Kosaraju will be starting an inpatient psychiatry position in Harrisburg, PA, and Dr. John Hendaleman will be starting a private practice in Utah. We also have 2 Med/Psych graduates this year; Dr. Daman Garcha will be joining the psychiatry department at UC Davis and Dr. Sara Henley has accepted an attending position with both our psychiatry and internal medicine departments at WVU Charleston. In addition to Dr. Henley, our department will be gaining two more new attendings, both of whom are graduates of our program. Dr. Alexandra Schick will be starting as our newest child & adolescent psychiatrist and Dr. Gira Borad will join us as an addiction psychiatrist. We are fortunate to have filled all of our positions in this year's Match for categorical psychiatry, internal medicine/psychiatry, and our psychology internship. Our rising fourth year class has started planning their next steps, and I am happy to report that I will be following the footsteps of Dr. Barrett and have accepted a forensic psychiatry fellowship position at the University of Cincinnati starting in July of 2022.

In addition to changes in residents and faculty, we have incorporated changes to our curriculum in hopes to enrich the educational experience for our residents. We have created a new child therapy rotation as well as a specialized DBT rotation for one of our upcoming fourth year residents. Our neuromodulation rotation continues to expand under the direction of Dr. Yahia Homsi and we are excited to start offering Spravato as a treatment option. CAMC has seen a significant increase in number of child psych consults and we are adjusting the structure of our call schedule and adding a designated child consult call to accommodate this.

Academically, our department continues to shine with publications from Dr. Jessica Luzier and psychology intern Shelby Martin titled "Changes in unhealthy exercise in outpatient eating disorder treatment: examining emotion avoidance mechanisms." Dr. Barrett has yet another publication along with Dr. Chantel Weisenmuller, our program director Dr. Tiffany Sparks, and former social work intern Megan Cales titled "Predictors of appointment attendance in a rural Appalachian behavioral health clinic." Last but certainly not least one of our current residents, Dr. Samantha Conde, deserves recognition for bringing home the first place award in poster case presentations for the CAMC 2021 Research Day with an interesting case entitled "Escitalopram induced Angioedema."

We hope our colleagues from across the state are staying safe and we look forward to seeing you again at the next District Branch APA meeting!

Rebekkah Brown, DO - PGY3, Behavioral Medicine/Psychiatry CAMC/WVU Charleston Division
Resident News continued...

Marshall University

With increases in vaccinated patients and employees, Marshall has slowly started to transition back to life before covid. We are starting to see patients in person in our clinics again. We are maintaining a hybrid approach to the clinic as we continue to offer virtual visits as well. This is especially convenient for some of our patients who travel three hours away to come to the clinic.

The transition back is also providing us the opportunity to have a gathering to get to know our new interns. We have six new interns and two new second years that we are welcoming into our program this year. We are excited for everyone to get together at an outdoor picnic before the year starts. Our first year of the geriatric and child psychiatry fellowships are finishing up, and we have two graduates to celebrate this year. We are so proud of Dr. Tiffany White and Dr. Clare Bajamundi-Plyler and know they will represent Marshall well with their future endeavors.

Our program continues to grow and expand. This coming year our residents will start work with Ebenezer Medical Outreach in an integrated clinic to provide psychiatric care for patients in our community who otherwise might not have access. We will also be expanding our addiction rotation to incorporate the new 28 day program that has been started at the VA Hospital. We are looking forward to the start of another new year.

Mallory Morris, MD, Marshall University, PGY-4 Psychiatry Resident

APA/APAF Fellowships

APA/APAF Fellowships provide psychiatry residents the experiential learning, training and professional development they need to be leaders in the field of psychiatry.

The fellowship programs offer opportunities to work with Congress on health policy, conduct research of your design, expand access to care to minority and underserved populations, focus on child psychiatry or substance abuse, and much more.

In addition, APA Fellows get exclusive opportunities to be a part of APA leadership councils and network with APA members from around the country.

Click on the link below to see the Fellowships offered by the APA:

https://www.psychiatry.org/residents-medical-students/residents/fellowships/available-apa-apaf-fellowships
Retired and Semi-Retired Membership Category

Opt-in online through July 31, 2021 for the 2022 Dues Year
The APA will be instituting two new membership categories that will replace the Rule of 95 beginning January 1, 2022 as approved by the Board of Trustees and Assembly in 2018. The newly created categories of semi-retired and retired provide more flexibility for a more diverse and changing workforce. The changes:

- acknowledge that people are working longer than they did in the early 1990s when the Rule of 95 was created;
- simplify the membership structure;
- encourage renewal of members of all ages; and
- continue to support the mission of the APA and District Branches.

Members may now opt-in to these categories for the 2022 membership renewal year once the individual requirements for Semi-Retired or Retired Memberships are met. Those who are in the Rule of 95 prior to January 1, 2022 can remain or opt-into the new categories or stay in the Rule of 95.

Semi-Retired Member Category
A Semi-retired member is defined as a General or Life Member who is near retirement age and works less than 15 hours per week in any administrative or clinical role or roles (i.e. across multiple settings).

- Members will be asked to ethically certify, during the opt-in process that will be created, that they meet the above criteria.
- APA dues will be half APA's current full dues rate.
- District Branches and State Associations dues may not exceed more than half of their current full dues rates (i.e. dues can be less but not more).
- Members in this category will continue to receive all member benefits and be able to vote and hold office.
- Once the application has been submitted, Semi-retired Membership status will begin on January 1; off-cycle applications (submissions received January 1, 2022 or later) will be considered for the following year.
- Former members or prospective members may opt-in to this category when re-applying or applying for membership if the above criteria are met.

Retired Member Category
A Retired member is defined as a General or Life Member who has reached retirement age and is fully retired from all administrative or clinical responsibilities.

- Members will be asked to ethically certify that they meet the above criteria.
- APA dues will be one-third APA's current full dues rate.
- District Branches and State Associations dues may not exceed more than one-third of their current full dues rates (i.e. dues can be less but not more).
- Members in this category will continue to receive all member benefits and be able to vote and hold office.
- Once the application has been submitted, Retired Membership status will begin on January 1; off-cycle applications (submissions received January 1, 2022 or later) will be considered for the following year.
- Former members or prospective members may opt-in to this category when re-applying or applying for membership if the above criteria are met.

Questions?
Please contact the APA Membership Department at membership@psych.org or at +1-202-559-3900.

APA link for more information… https://www.psychiatry.org/join-apa/semi-retired-and-retired
WELCOME NEW/REINSTATED MEMBERS

New Resident Members (July 2021)

Marshall University:

WVU Morgantown:

WVU Charleston:

Reinstated: Rownak Afroz, MD; Nihit Gupta, MD; Lawrence Kelly, DO; John Perez, MD; Brian Quigley, MD

Transfer out of WV: Residents: Jason Barrett, MD (OH); Daman Garcha, MD (CA); John Hendleman, MD (UT); Sushma Kosaraju, MD (PA)

Upcoming Events...

WV District Branch Summer Virtual Meeting, August 20, 2021 (see page 2 of this Newsletter)

APA Annual Meeting, May 22-25 2022 – New Orleans, LA

WV District Branch Winter Meeting – February 2022 (date to determined)
American Psychiatric Association’s Endorsed Professional Liability Insurance

Comprehensive coverage that includes:

- Up to $50,000 of defense reimbursement, even for board complaints (with the option to increase this limit to $150,000)
- Telepsychiatry, subject to the terms and conditions of the policy
- Cyber Protection endorsement available for new and existing policies upon renewal (where allowable by law)

Comprehensive Coverage that includes Telepsychiatry

Visit us at apamalpractice.com or call 800-421-6694 to learn more.